

# Nutrition Notes

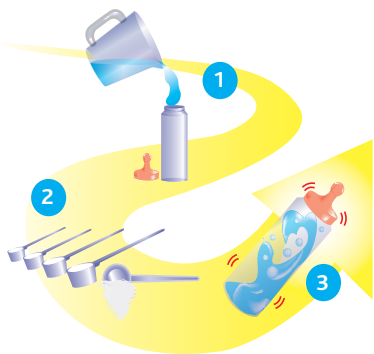


**Periflex®** Early Years



**Anamix®** Early Years

Mixing Instructions



## How do I mix Periflex® / Anamix® Early Years?

(To be completed by healthcare professional)

Your baby needs \_\_\_\_\_ g Periflex/Anamix Early Years  
and \_\_\_\_\_ g of standard infant formula per day

### Small volume

\_\_\_\_\_ fl oz

- 1 Pour \_\_\_\_\_ fl oz of cooled, boiled sterile water into a sterilized feeding bottle
- 2 Add \_\_\_\_\_ scoops or \_\_\_\_\_ g of Early Years powder to the water in the sterilized feeding bottle
- 3 Add \_\_\_\_\_ scoops or \_\_\_\_\_ g of \_\_\_\_\_ standard infant formula powder to the water in the sterilized feeding bottle
- 4 Place cap on the bottle and shake until the powder dissolves. Shake immediately before use

### Large volume

\_\_\_\_\_ fl oz

- 1 Pour \_\_\_\_\_ fl oz of cooled, boiled sterile water into a sterilized feeding container
- 2 Add \_\_\_\_\_ scoops or \_\_\_\_\_ g of Early Years powder to the water in the sterilized feeding container
- 3 Add \_\_\_\_\_ scoops or \_\_\_\_\_ g of \_\_\_\_\_ standard infant formula powder to the water in the sterilized feeding container
- 4 Place cap on the container and shake until the powder dissolves. Shake immediately before use

\* Scoops to be leveled and unpacked. For accuracy, use a gram scale.  
Do not boil formula or use a microwave to prepare formula.  
Please see label for additional preparation and storage instructions.

### Special Instructions

Healthcare Professional Contact: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_

Home Health Care/ Durable Medical Equipment Phone Number: \_\_\_\_\_

Other Medications: \_\_\_\_\_

Notes, including breastfeeding notes: \_\_\_\_\_

### What Makes Early Years Unique?

Your doctor or dietitian has recommended Periflex / Anamix Early Years for your baby. The Early Years range formulas are free\* from the amino acids your baby can't break down, but contain nutrients your baby needs for normal growth and development.

### QUESTIONS

Contact your metabolic dietitian for any questions or speak to one of Nutricia's nutrition specialists at **1-800-365-7354** or email [nutritionservices@nutricia.com](mailto:nutritionservices@nutricia.com)

### REIMBURSEMENT HELP

Contact Nutricia Metabolics reimbursement care specialist at **1-800-605-0410**

For more tips and information, please visit [www.MedicalFood.com](http://www.MedicalFood.com)

