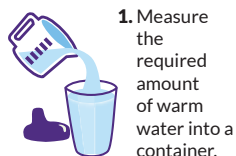




# Monogen® Dilution Chart – For Healthcare Professionals<sup>§</sup>

Refer to can label for full preparation instructions



1. Measure the required amount of warm water into a container.



2. Add the prescribed amount of Monogen to the water.



3. Cover and shake until the powder has dissolved.

## Approximate Household Measures\*

Leveled and Unpacked

1 scoop	5.6 g
1 tsp (5 mL)	2.5 g
1 Tbsp (15 mL)	7.6 g
¼ cup (60 mL)	30.3 g
½ cup (120 mL)	60.5 g
1 cup (240 mL)	121 g

## Concentration

**20 kcal/fl oz**  
0.67 kcal/mL

Amount of Monogen Powder		Volume of Water		Final Volume	
grams	scoops**	mL	fl oz <sup>†</sup>	mL	fl oz
18	N/A	105	3.5	120	4
47	8	276	9	315	10.5
54	N/A	315	10.5	360	12
95	17	551	18.5	630	21
135	24	788	26.5	900	30

**22 kcal/fl oz**  
0.73 kcal/mL

grams	scoops**	mL	fl oz <sup>†</sup>	mL	fl oz
20	N/A	104	3.5	120	4
42	8	220	8	255	8.5
89	16	466	15.5	540	18
119	21	621	21	720	24
159	28	828	27.5	960	32

**24 kcal/fl oz**  
0.80 kcal/mL

grams	scoops**	mL	fl oz <sup>†</sup>	mL	fl oz
22	4	102	3.5	120	4
38	7	179	6	210	7
76	14	357	12	420	14
151	27	714	24	840	28
189	34	893	30	1050	35

**26 kcal/fl oz**  
0.87 kcal/mL

grams	scoops**	mL	fl oz <sup>†</sup>	mL	fl oz
23	4	101	3.5	120	4
47	8	201	6.5	240	8
76	14	327	11	390	13
146	26	628	21	750	25
199	36	855	29	1020	34

**27 kcal/fl oz**  
0.90 kcal/mL

grams	scoops**	mL	fl oz <sup>†</sup>	mL	fl oz
24	N/A	100	3.5	120	4
43	8	175	6	210	7
85	15	349	11.5	420	14
128	23	524	17.5	630	21
170	30	699	23.5	840	28

**28 kcal/fl oz**  
0.93 kcal/mL

grams	scoops**	mL	fl oz <sup>†</sup>	mL	fl oz
19	3	74	3	90	3
38	7	149	5	180	6
95	17	371	12.5	450	15
151	27	594	20	720	24
189	34	743	25	900	30

**30 kcal/fl oz**  
1.00 kcal/mL

grams	scoops**	mL	fl oz <sup>†</sup>	mL	fl oz
24	4	85	3	105	3.5
47	8	171	5.5	210	7
81	14	293	10	360	12
162	29	585	20	720	24
223	40	805	27	990	33

\*Household measures are based on standard US, dry household measures. All measures are level and unpacked. These values are approximations only and have been provided for convenience: results can vary significantly based on the individual, device, and method. Nutricia North America recommends using a gram scale for greatest accuracy. The scoops Nutricia provides are validated for use with Nutricia formulas, so are preferable to household measures.

\*\*Dilutions are most accurate using weighed powder vs scoops. Scoops should be level and unpacked. Whole scoop numbers are provided where possible for accurate dilutions.

<sup>†</sup>Values for water to add are rounded to the closest 0.5 fluid ounce. Milliliter volumes are more accurate. Calculations are based on 4.4 kcal/g, 24.9 kcal/scoop, and an approximate displacement of 0.83 mL/g.

Please contact our Nutrition Specialists with questions - 800.365.7354

<sup>§</sup>For patient safety, Nutricia directs caregivers who request mixing instructions at non-standard dilutions to their healthcare team for guidance.

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Contact our Medical Affairs team with questions:  
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