

## **NUTRICIA** BLENDERIZED TUBE FEEDING **MASTERCLASS AGENDA**

**DATE:** Thursday, February 8<sup>th</sup> 2024

**TIME:** 12:00 – 2:30 PM ET

**LOCATION:** Virtual Event (Free)

TIME (ET)	PRESENTATION	SPEAKER
	TRESERVITOR	OI L/ IIILII

TIME (ET)	PRESENTATION	SPEAKER	
12:00 pm	Welcome and Introduction		
	Review the Research Behind Blenderized Tube Feeding		
12:05 pm - 1:05 pm	Blenderized Tube Feeding: What Does the Science Say? Objectives:  Summarize potential benefits of blenderized tube feeding in adult and pediatric populations, as reported in scientific literature.  Describe the caregiver and patient perspective regarding blenderized tube feeding in published papers.	Teresa Johnson, DCN, RDN, FAND Professor in the Department of Kinesiology and Health Promotion at Troy University	
	<ul> <li>Getting to the Thick of Blended Food for Tube Feeding Objectives:</li> <li>Recognize the unique viscosity characteristics of blended tube feeding.</li> <li>Demonstrate how to measure using the International Dysphagia Diet Standardisation Initiative (IDDSI) Framework.</li> </ul>	Sharon Weston, MS, RD, LDN, CSP, FAND Sr. Clinical Nutrition Specialist	
1:05 pm - 1:10 pm	Break		
	The What's and How's of Getting Started with Blenderized Tube Feeding		
1:10 pm - 2:25 pm	<ul> <li>Tube Tech 101: Navigating Access Devices and Administration as You Master Blenderized Tube Feeding Objectives:</li> <li>Review the various types of access devices used in long term tube feeding.</li> <li>Explain considerations for the successful administration of blenderized tube feeding at home.</li> </ul>	Cynthia Reddick, RD, CNSC Home Tube Feeding Expert, Educator, and Strategist	
	Build Your Toolbox: Tips for Transitioning to Blenderized Tube Feeding Objectives:  Discover simple steps to get started with blended diets at home, incorporating homemade and commercially available products.  Apply learnings from presentation to clinical practice with your tube-fed patients.	Hilarie Geurink, RD, CSP  Owner and founder of Blended Tube Feeding <sup>TM</sup>	
	Dive Deep Into a Real Story About Real Food for Tube Feeding Objectives:  Understand the patient journey of transitioning to blenderized tube feeding.  Illustrate a family's experience with blenderized diets, with a story told directly by their caregiver.	Nicole Bolufé Mother of a tube-fed child	
2:25 pm - 2:30 pm	Closing Remarks		



## Learn from the Blenderized Tube Feeding Experts

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## **OBJECTIVES:**

- Understand the benefits and outcomes of blenderized tube feeding in pediatric and adult populations, according to the literature.
- Recognize unique viscosity characteristics of blended tube feeding and review considerations for successful administration at home.
- Identify tips for transitioning to blenderized tube feeding and illustrate a family's experience with a story told directly by their caregiver.

Eligible for 2.5 CE credits for dietitians and nurses

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