

NOW AVAILABLE



Real Food Blends® Select™ Turkey, Pears & Pumpkin

The only calorically dense, high protein ready-to-feed meals for tube feeding made from 100% real food with no synthetic ingredients.

Main Features:

- Calorically dense with 1.6 Cal/mL
- High protein meal option with 17 g of protein per pouch
- 100% real food
- 9.4 oz pouch yields approximately 250 mL per serving
- Contains 8 real food ingredients
- Vitamins and minerals from only real food
- No dairy, nut, or soy ingredients
- No added sugar* or salt**
- No added color, flavor, or synthetic ingredients
- Most closely mimics homemade blenderized tube feeding†

*Not a low-calorie food **Not a sodium-free food

†Compared to other blenderized enteral formulas

Note: Real Food Blends can be used as a primary source of nutrition or in conjunction with tube feeding formula.

Nutritional Applications:

- Suitable for tube-fed individuals who may have elevated calorie and protein needs.
- Ideal for patients wanting easy access to a true blended diet.
- A growing body of evidence indicates that blenderized tube feeding may improve common symptoms of formula intolerance:
 - Gagging/Retching¹
 - Nausea & Vomiting²
 - Bowel Function³
 - Reflux⁴

Ordering/Reimbursement Information:

Product	HCPSC Code	Reimbursement Code	Product Packaging	Calories Per Pouch
202464	B4149	49735-0101-86	12 x 9.4 oz	410

For reimbursement information, please call our Nutricia Navigator Team at (800) 365-7354.

1. Penttinen et al. JPEN 2011;35:375-79. 2. Gallagher et al. JPEN. 2018;43:1046-60. 3. Schmidt et al. Clinical Nutrition (Edinburgh, Scotland) 2019;38:332-40. 4. Kernizan et al. JPGN. 2020;71:124-28.

Nutrition Information:

Nutrients†	Per serving (267g)	Per 1000 mL
Calories	410	1640
Protein, g	17	68
Fat, g	26	104
Saturated Fat, g	4.5	18
Monounsaturated Fat, g	11	44
Polyunsaturated Fat, g	6.0	24
Trans Fat, g	0	0
Cholesterol, mg	65	260
Carbohydrate, g	27	108
Fiber, g	2	8
Sugars, g	13	52
Added Sugars, g	0	0

Vitamins

Vitamin A, RAE, mcg	75	300
Vitamin D, mcg	0	0
Vitamin E, α-tocopherol, mg	3	12
Vitamin K, mcg	9	36
Thiamin, mg	0.04	0.15
Riboflavin, mg	0.19	0.8
Vitamin B6, mg	0.09	0.36
Vitamin B12, mcg	0.90	4
Niacin, mg	2.7	11
Folate (DFE), mcg	17	69
Pantothenic Acid, mg	0.38	2
Vitamin C, mg	0	0
Choline, mg	59	237

Minerals	Per serving (267g)	Per 1000 mL
Calcium, mg	40	160
Phosphorus, mg	215	858
Magnesium, mg	41	165
Iron, mg	1	4
Zinc, mg	3	11
Manganese, mg	0.74	3
Copper, mg	0.12	0.50
Selenium, mcg	20	81
Sodium, mg	80	320
Potassium, mg	350	1400
Free Water, mL	201	804

†For healthcare professionals only. Real Food Blends® Select™ is made from 8 real food ingredients. Due to normal nutritional variation in agricultural ingredients, actual nutrient content of our products may differ. For individuals dependent on a feeding tube, regular nutritional monitoring is recommended to ensure the diet is adequate and provides all essential nutrients.

Contact Nutricia North America:
(800) 365-7354 or
NutritionServices@Nutricia.com
Monday-Friday, 8:30am – 5:00pm ET

Ingredients:

Turkey, Apple Juice, Water, Extra Virgin Olive Oil, Gluten-free Rolled Oats, Pears, Pumpkin, Squash.

Administration:

Can be used as bolus, pump or gravity feeding with a 12 Fr G-tube or larger.

Can be administered via pump or gravity with additional liquid.

Recommended hang time of 2 hours.

Real Food Blends products are 100% real food made with 5 to 8 simple ingredients, with no added synthetic vitamins or minerals. Real Food Blends meals are not nutritionally complete. Use a variety of Real Food Blends meals to customize nutrition plans to help address the dietary needs of each patient. (Important:) If Real Food Blends meals are used as a primary source of nutrition, a multivitamin and mineral supplement is required along with an additional calcium and sodium source. Recommended for use as directed by a healthcare professional.

Storage Recommendations:

Once opened, Real Food Blends should be used within 2 hours, or stored in a refrigerator for up to 24 hours. Discard unused contents thereafter.