

A FEEDING TUBE DOESN'T MEAN FOOD IS OFF THE TABLE

Why Real Food Blends®?

- The only 100% real food meals with no synthetic ingredients that are ready-to-feed for people with feeding tubes
- 8 different meals and 1 snack for adults & kids
- Closest to homemade blenderized tube feeding*
- Covered by many insurance plans under HCPCS B4149

8 Meal Varieties for Adults & Kids

- **Salmon, Oats & Squash**
Wild-caught salmon
- **Beef, Potatoes & Spinach**
US-raised beef
- **Chicken, Carrots & Brown Rice**
US-raised chicken
- **Turkey, Sweet Potatoes & Peaches**
US-raised turkey
- **Quinoa, Kale & Hemp**
Plant-based
- **Eggs, Apples & Oats**
US-sourced eggs
- **Select™ Chicken, Zucchini & Potatoes – New!**
Calorie dense (1.6 Cal/mL) & high protein
- **Select™ Turkey, Pears & Pumpkin – New!**
Calorie dense (1.6 Cal/mL) & high protein

1 Snack for Adults & Kids

- **Mini Prunes, Pears & Pumpkin**
Easy to add to existing tube feeding routine
Good source of fiber from real foods
May support bowel regularity



Made from 100% Real Food

- Each meal or snack is made of 5-8 simple ingredients, providing easy access to a true blenderized diet



Nutritional Variety

- Offers a variety of fruits, vegetables, whole grains, fat and protein sources across 8 different meals from real foods
- A variety of Real Food Blends meals can be used to customize nutrition plans to help address the dietary needs of each patient



Nutritionally Customizable

- No added salt** or sugar†
- No added color, flavor, or synthetic ingredients
- No dairy, nut, or soy ingredients



Convenient Ready-to-Feed

- Premade, shelf-stable meals and snack provide the benefits of a blenderized diet with the simplicity of a ready-to-feed product

*Compared to other blenderized enteral formulas

**Not a sodium-free food

†Not a low-calorie food



Nutritional Information

Per pouch	Mini Prunes, Pears, Pumpkin	Turkey, Sweet Potatoes & Peaches	Eggs, Apples & Oats	Chicken, Carrots & Brown Rice	Quinoa, Kale & Hemp	Salmon, Oats & Squash	Beef, Potatoes & Spinach	Select™ Chicken, Zucchini & Potatoes	Select™ Turkey, Pears & Pumpkin
Volume	113 g (113 mL single portion)	267 g (Approx. 250 mL single portion)						267 g (Approx. 250 mL single portion)	
Description	Snack-size, easy addition to current tube feeding routine	Original meals						Calorically dense (1.6 Cal/mL) & high protein	
Calories	100	320	320	340	340	330	330	410	410
Protein, g	1	14	8	14	12	12	11	16	17
Carbohydrates, g	24	23	26	28	32	25	30	23	27
Fiber, g	3	4	3	3	6	3	2	1	2
Total Fat, g	1.5	19	20	20	19	20	18	28	26
Saturated Fat, g	0	3	3	2.5	2.5	3	3	4.5	4.5
Trans Fat, g	0	0	0	0	0	0	0	0	0
Cholesterol, mg	0	55	190	45	0	25	30	70	65
Sodium, mg	15	80	80	90	20	25	60	50	80
Potassium, mg	280	664	239	514	401	300	607	350	350

Ordering Information

Real Food Blends™ Mini	Item #	Unit UPC (pouch)	Case UPC	NDC† Format Code
Mini - Prunes, Pears & Pumpkin - 12 x 4 oz Pouches/Case	182829	7 4973500083 0	7 4973510083 7	49735-0100-83
Real Food Blends®	Item #	Unit UPC (pouch)	Case UPC	NDC† Format Code
Chicken, Carrots & Brown Rice - 12 x 9.4 oz Pouches/Case	176988	0 82045 49746 5	7 3066944966 6	30669-0449-66
Salmon, Oats & Squash - 12 x 9.4 oz Pouches/Case	176987	0 82045 49747 2	7 3066944967 3	30669-0449-67
Quinoa, Kale & Hemp - 12 x 9.4 oz Pouches/Case	176992	0 82045 49748 9	7 3066944968 0	30669-0449-68
Beef, Potatoes & Spinach - 12 x 9.4 oz Pouches/Case	176993	0 82045 49749 6	7 3066944969 7	30669-0449-69
Eggs, Apples & Oats - 12 x 9.4 oz Pouches/Case	176989	0 82045 49750 2	7 1641778184 4	16417-0781-84
Turkey, Sweet Potatoes & Peaches - 12 x 9.4 oz Pouches/Case	176990	7 16417 78185 1	7 1641778186 8	16417-0781-86
Real Food Blends™ Select™	Item #	Unit UPC (pouch)	Case UPC	NDC† Format Code
Select™ Chicken, Zucchini & Potatoes - 12 x 9.4 oz Pouches/Case	202395	7 4973500187 5	7 4973510187 2	49735-0101-87
Select™ Turkey, Pears & Pumpkin - 12 x 9.4 oz Pouches/Case	202464	7 4973500186 8	7 4973510186 5	49735-0101-86

For insurance billing purposes, all meals are listed under the Healthcare Common Procedure Coding System (HCPCS) B4149.

†Nutricia North America does not represent these codes to be National Drug Codes (NDCs). NDC-format codes are product codes adjusted according to standard industry practice to meet the format requirements of pharmacy and health insurance systems.

Additional Information

- Can be administered as bolus, pump or gravity feeding.[§]
- For the original 6 meals: Use a 14 Fr G-tube or larger. For Select™ meals & Mini snack: Use a 12 Fr G-tube or larger.
- Real Food Blends meals can be used as a primary source of nutrition, or in conjunction with tube feeding formula or home blenderized diet.
- If Real Food Blends meals are used as a primary source of nutrition, consider a multivitamin and mineral supplement and an additional calcium and sodium source.

[§]If consistency with gravity or pump feeding is a concern, dilute with fluid.



For more information, please visit
RealFoodBlends.com or call **1-800-365-7354**
 Monday-Friday 8:30 AM-5:00 PM ET

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