

Launched
Summer 2024!



Real Food Blends® Select™ Chicken, Zucchini & Potatoes

The only calorically dense, high protein ready-to-feed meals for tube feeding made from 100% real food with no synthetic ingredients.

Main Features:

- Calorically dense with 1.6 Cal/mL
- High protein meal option with 16 g of protein per pouch
- 100% real food
- 9.4 oz pouch yields approximately 250 mL per serving
- Contains 8 real food ingredients
- Vitamins and minerals from only real food
- No dairy, nut, or soy ingredients
- No added sugar* or salt**
- No added color, flavor, or synthetic ingredients
- Most closely mimics homemade blenderized tube feeding†

*Not a low-calorie food **Not a sodium-free food

†Compared to other blenderized enteral formula

Note: Real Food Blends can be used as a primary source of nutrition or in conjunction with tube feeding formula.

Nutritional Applications:

- Suitable for tube-fed individuals who may have elevated calorie and protein needs.
- Ideal for patients wanting easy access to a true blended diet.
- A growing body of evidence indicates that blenderized tube feeding may improve common symptoms of formula intolerance:
 - Gagging/Retching¹
 - Nausea & Vomiting²
 - Bowel Function³
 - Reflux⁴

Ordering/Reimbursement Information:

| Product | HCPSC Code | Reimbursement Code | Product Packaging | Calories Per Pouch |
|---------|------------|--------------------|-------------------|--------------------|
| 202395 | B4149 | 49735-0101-87 | 12 x 9.4 oz | 410 |

For reimbursement information, please call our Nutricia Navigator Team at (800) 365-7354

1. Pentiu et al. JPEN 2011;35:375-79. 2. Gallagher et al. JPEN. 2018;43:1046-60. 3. Schmidt et al. Clinical Nutrition (Edinburgh, Scotland) 2019;38:332-40. 4. Kernizan et al. JPGN. 2020;71:124-28.

Nutrition Information:

| Nutrients [‡] | Per serving (267g) | Per 1000 mL |
|-------------------------------|--------------------|-------------|
| Calories | 410 | 1640 |
| Protein, g | 16 | 64 |
| Fat, g | 28 | 112 |
| Saturated Fat, g | 4.5 | 18 |
| Monounsaturated Fat, g | 11 | 44 |
| Polyunsaturated Fat, g | 4.6 | 18 |
| Trans Fat, g | 0 | 0 |
| Cholesterol, mg | 70 | 280 |
| Carbohydrate, g | 23 | 92 |
| Fiber, g | 1 | 4 |
| Sugars, g | 12 | 48 |
| Added Sugars, g | 0 | 0 |
| Vitamins | | |
| Vitamin A, RAE, mcg | 58 | 230 |
| Vitamin D, mcg | 0 | 0 |
| Vitamin E, α-tocopherol, mg | 3 | 11 |
| Vitamin K, mcg | 8 | 32 |
| Thiamin, mg | 0.04 | 0.15 |
| Riboflavin, mg | 0.13 | 0.52 |
| Vitamin B ₆ , mg | 0.17 | 0.68 |
| Vitamin B ₁₂ , mcg | 0.23 | 0.9 |
| Niacin, mg | 4 | 15 |
| Folate (DFE), mcg | 14 | 57 |
| Pantothenic Acid, mg | 0.46 | 1.8 |
| Vitamin C, mg | 0 | 0 |
| Choline, mg | 48 | 194 |

| Minerals | Per serving (267g) | Per 1000 mL |
|----------------------|--------------------|-------------|
| Calcium, mg (mEq) | 20 | 80 |
| Phosphorus, mg (mEq) | 165 | 658 |
| Magnesium, mg (mEq) | 34 | 136 |
| Iron, mg | 1 | 4 |
| Zinc, mg | 0.80 | 3 |
| Manganese, mg | 0.43 | 2 |
| Copper, mcg | 0.07 | 0.28 |
| Selenium, mcg | 12 | 46 |
| Sodium, mg (mEq) | 50 | 200 |
| Potassium, mg (mEq) | 350 | 1400 |
| Free Water, mL | 200 | 800 |

[‡]For healthcare professionals only. Real Food Blends® Select™ is made from 8 real food ingredients. Due to normal nutritional variation in agricultural ingredients, actual nutrient content of our products may differ. For individuals dependent on a feeding tube, regular nutritional monitoring is recommended to ensure the diet is adequate and provides all essential nutrients.

Contact Nutricia North America:
(800) 365-7354 or
NutritionServices@Nutricia.com
Monday-Friday, 8:30am – 6:00pm ET

Ingredients

Chicken, Apple Juice, Water, Zucchini, Potatoes, Extra Virgin Olive Oil, Brown Rice, Red Bell Peppers.

Administration

Can be used as bolus, pump or gravity feeding with a 12 Fr G-tube or larger.

Can be administered via pump or gravity with additional liquid.

Recommended hang time of 2 hours.

Use a variety of Real Food Blends meals to customize nutrition plans to help address the dietary needs of each patient.

If Real Food Blends meals are used as a primary source of nutrition, consider a multivitamin and mineral supplement and an additional calcium and sodium source.

Recommended for use as directed by a healthcare professional.

Storage Recommendations

Once opened, Real Food Blends should be used within 2 hours, or stored in a refrigerator for up to 24 hours. Discard unused contents thereafter.