



SAVE THE DATE

Tuesday, September 10th 2024

12pm- 5pm ET • Virtual Masterclass • CE Eligible for RDs

12:00 – 12:30 pm

Food allergy trending topics on social media

Objectives:

- Identify trending topics in pediatric food allergy.



Dr. Zachary E. Rubin,

Allergist, Oak Brook Allergists
1.5 million followers across TikTok, Instagram, YouTube, Facebook and Twitter/X

12:30 pm – 1:15 pm

Latest updates on infants with food allergies: The gut microbiota and DRACMA guidelines

Objectives:

- Explore the role of environmental and dietary factors associated with development of gut microbiota in infants born during the pandemic.
- Discuss the importance of *Bifidobacterium* on the outcome of allergic phenotypes.
- Review the DRACMA guideline updates on the nutritional management of cow milk allergy.
- Review recommendations of plant-based beverages for children < 1 year of age with CMA.



Carina Venter, PhD, RD, Associate Professor of Pediatrics, Section of Allergy/Immunology at the Children's Hospital Colorado and University of Colorado Denver School of Medicine

1:15 – 1:30 pm

A three-course meal: advancing FPIES from the parent, practical, and clinical perspective

Objectives:

- Explain the role patient advocacy plays in the development, awareness, and advancement of FPIES.
- Identify three areas of need for the day-to-day nutritional management of FPIES.
- List three common obstacles & solutions impacting the quality of life of patients living with FPIES.



Fallon Schultz, MSW, LCSW, CAM; Founder & CEO, International FPIES Association (IFPIES)

1:30 pm – 2:15 pm

The gut microbiota in the first 1,000 days. Why should we care?

Objectives:

- Demonstrate the importance of the intestinal microbiota in early life including its impact on the developing immune system.
- Explore data on the immune system and infections in those with food allergy.
- Illustrate the role of specific prebiotics and probiotics in the dietary management of children with food allergy.
- Discover tips for clinicians based on a growing body of evidence.



Kelly Tappenden, PhD, RD; Dean and Professor, College of Health, University of Utah

2:30 pm – 3:15 pm

Beyond the scale: Infant body composition techniques and implications for practice

Objectives:

- Review normal body composition during infancy.
- Describe methods for body composition assessment in infants and their value in nutrition assessment.
- Summarize outcomes associated with body composition patterns in term infants.



Maggie Jerome, PhD, RD, Assistant Professor, Oregon Health & Science University

3:15 – 4:00 pm

Latest updates on infants with cow milk allergy (CMA): The ESPGHAN perspective on CMA diagnosis and management

Objectives:

- Summarize the 2023 ESPGHAN recommendations for diagnosing and managing CMA.
- Describe the role of formula for the management of CMA.
- Detail the benefits of synbiotics and lactose for formula-fed infants.



Yvan Vandenplas, MD, PhD; Prof. Emeritus and consultant at KidZ Health Castle at the University Hospital Brussels

4:00 – 4:15 pm

Caring for a child with multiple food allergies: a caregiver's perspective

Kimia Salehi



4:15 – 5:00 pm

How to build a pediatric RD skills lab: Best practices to help your team enhance patient care

Objectives:

- Discuss potential topics new and seasoned pediatric RDs should practice annually.
- How to identify the needs of your organization.
- Summarize best practices for setting up a skills lab.



Caitlin Stewart, MS, RD, CDN, CNSC, CLC
New York Presbyterian at Morgan Stanley Children's Hospital

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