**COW MILK ALLERGY/MULTIPLE FOOD ALLERGIES**

**Dietary Management Flow Chart**

1. **<2 YEARS OLD AND FORMULA IS NEEDED?**
   - **YES**
     - Does patient meet any risk factors for first line use of AAF?—At risk of anaphylaxis?—Diagnosed with EoE?—Growth failure especially with multiple food eliminations and/or GI tract/skin symptoms?
   - **YES**
     - Trial an eHF; consider AAF first based on patient preference, individual clinical circumstances and cost.
   - **NO**
     - Continue with elimination diet. Monitor growth, nutritional status, and micronutrient status.
   - **NO**
     - Continue with elimination diet and breast milk as appropriate. Monitor growth, nutritional status, and micronutrient status.

2. **≥2 YEARS OLD AND FORMULA IS NEEDED?**
   - **YES**
     - Continue with elimination diet. Monitor growth, nutritional status, and micronutrient status.
   - **NO**
     - AAF as sole source or supplement to solid foods and/or breast milk.

**NEOCATE® PROVIDES THE MOST OPTIONS FOR YOUR PATIENTS**

- Neocate® Syneo® Infant
- Neocate® Infant
- Neocate® Nutra®
- Neocate® Junior Unflavored, Vanilla, Strawberry, Chocolate, Tropical
- Neocate® Splash Unflavored, Orange–Pineapple, Tropical Fruit, Grape

Individual needs as directed by HCP. Monitor growth, nutritional status, and micronutrient status.

AAF = amino acid-based formula; eHF = extensively hydrolyzed formula; EoE = eosinophilic esophagitis; HCP = healthcare professional

This flow chart is intended to be used as a reference for healthcare professionals when managing patients with cow milk allergy/multiple food allergies as a primary diagnosis.
Nutricia North America supports the use of breast milk wherever possible.

Neocate® is a family of hypoallergenic, amino acid-based medical foods for use under medical supervision and is indicated for cow milk allergy, multiple food allergies and related GI and allergic conditions.

*May include maternal elimination diet if breastfeeding and patient continues to react. Maternal elimination diet should always be conducted under medical supervision. Maternal vitamin and mineral supplementation should be considered and diet should be monitored for nutritional adequacy.

†In settings where the cost of an AAF is lower, the use of an AAF may be equally reasonable.

‡Soy formula can be recommended as a third choice for patients without soy allergy and > 6 months of age.


Nutricia Navigator is a free service to help patients find insurance coverage. For more information visit Neocate.com/reimbursement.

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