**COW MILK ALLERGY/MULTIPLE FOOD ALLERGIES**

Dietary Management Flow Chart

- **NO SYMPTOMS FULLY RESOLVED ON eHF WITHIN ~2-4 WEEKS?**
  - **2-4**

- **COW MILK ALLERGY/MULTIPLE FOOD ALLERGIES**
  - **DOES PATIENT MEET ANY RISK FACTORS FOR FIRST LINE USE OF AAF?**
    - **- AT RISK OF ANAPHYLAXIS?**
    - **- DIAGNOSED WITH EoE?**
    - **- POOR GROWTH ESPECIALLY WITH MULTIPLE FOOD ELIMINATIONS AND/OR GI TRACT/SKIN SYMPTOMS?**

- **<2 YEARS OLD AND FORMULA IS NEEDED?**
  - **YES**
    - **AAF as sole source or supplement to solid foods and/or breast milk.**
  - **NO**
    - **≥2 YEARS OLD AND FORMULA IS NEEDED?**
      - **YES**
        - **Continue with elimination diet and breast milk as appropriate.**
      - **NO**
        - **Monitor growth, nutritional status, and micronutrient status.**

- **<2 YEARS OLD AND FORMULA IS NEEDED?**
  - **YES**
    - **Continue with elimination diet.**
  - **NO**
    - **≥2 YEARS OLD AND FORMULA IS NEEDED?**
      - **YES**
        - **Trial an eHF; consider AAF first based on patient preference, individual clinical circumstances and cost.**
      - **NO**
        - **Continue with elimination diet. Monitor growth, nutritional status, and micronutrient status.**

- **SYMPTOMS FULLY RESOLVED ON eHF WITHIN 2-4 WEEKS?**
  - **YES**
  - **NO**

- **NEOCATE® PROVIDES THE MOST OPTIONS FOR YOUR PATIENTS**
  - **Neocate® Syneo® Infant**
  - **Neocate® Infant**
  - **Neocate® Nutra®**
  - **Neocate® Junior** Unflavored, Vanilla, Strawberry, Chocolate, Tropical
  - **Neocate® Splash** Unflavored, Orange–Pineapple, Tropical Fruit, Grape

Individual needs as directed by HCP. Monitor growth, nutritional status, and micronutrient status.

- **Neocate Nutra** is a hypoallergenic semi-solid food - not suitable as sole source of nutrition.

AAF = amino acid-based formula; eHF = extensively hydrolyzed formula; EoE = eosinophilic esophagitis; HCP = healthcare professional

This flow chart is intended to be used as a reference for healthcare professionals when managing patients with cow milk allergy/multiple food allergies as a primary diagnosis.
Nutricia North America supports the use of breast milk wherever possible.

Neocate® is a family of hypoallergenic, amino acid-based medical foods for use under medical supervision and is indicated for cow milk allergy, multiple food allergies and related GI and allergic conditions.

*May include maternal elimination diet if breastfeeding and patient continues to react.2,3 Maternal elimination diet should always be conducted under medical supervision. Maternal vitamin and mineral supplementation should be considered1-3 and diet should be monitored for nutritional adequacy.2

†In settings where the cost of an AAF is lower, the use of an AAF may be equally reasonable.1

‡Soy formula can be recommended as a third choice for patients without soy allergy and > 6 months of age.1