

COW MILK ALLERGY IN INFANCY (0-12 months)

Dietary Management Flow Chart

AAF = amino acid-based formula; eHF = extensively hydrolyzed formula; HCP = healthcare professional. This flow chart is intended to be used as a reference for healthcare professionals when managing patients with cow milk allergy as a **primary** diagnosis. Monitor growth, nutritional status, and micronutrient status.

Eliminate cow milk protein from the diet.¹⁻³ Refer to a dietitian for nutritional counseling and monitoring.^{1-3,6}

IS FORMULA NEEDED?

NO

Continue with elimination diet and breast milk as appropriate.^{1-7*} Monitor growth, nutritional status, and micronutrient status.

YES

Trial an eHF^{5†}, as a sole source or supplement to breast milk and/or complimentary foods.^{1‡}

DOES PATIENT MEET ANY RISK FACTORS FOR FIRST LINE USE OF AAF?

NO

YES

AAF as sole source or supplement or breast milk and/or complimentary food.

- AT RISK OF ANAPHYLAXIS?^{1-3,5}
- DIAGNOSED WITH EoE?^{1-3,5}
- POOR GROWTH ESPECIALLY WITH MULTIPLE FOOD ELIMINATIONS⁵ AND/OR GI TRACT/SKIN SYMPTOMS?^{3,5,6}

PEPTICATE™:
#1 eHF in Europe⁵

0-12 months



Pepticate™

Continue with eHF. Monitor growth, nutritional status, and micronutrient status.

SYMPTOMS FULLY RESOLVED ON eHF WITHIN ~2-4 WEEKS?^{2,3,5}

YES

NO

NEOCATE®:
#1 BRAND OF AAF WORLDWIDE

0-12 months



Neocate® Syneo® Infant



Neocate® Infant DHA/ARA

6+ months



Neocate® Nutra⁵

Individual needs as directed by HCP.

⁵Neocate Nutra is a hypoallergenic semi-solid food - not suitable as sole source of nutrition.

Nutricia North America supports the use of breast milk wherever possible.

Neocate® is a family of hypoallergenic, amino acid-based medical foods for use under medical supervision and is indicated for cow milk allergy, multiple food allergies and related GI and allergic conditions.

Pepticate™ is a hypoallergenic, extensively hydrolyzed infant formula for use under medical supervision and is indicated for cow milk allergy.

*May include maternal elimination diet if breastfeeding and patient continues to react.^{2,3} Maternal elimination diet should always be conducted under medical supervision. Maternal vitamin and mineral supplementation should be considered¹⁻³ and diet should be monitored for nutritional adequacy.²

†In settings where the cost of an AAF is lower, the use of an AAF may be equally reasonable.¹

‡Soy formula can be recommended as a third choice for patients without soy allergy and > 6 months of age.¹

§Based on annual sales data, dated 9/28/22.

References: **1.** Fiocchi A, et al. 2010;21 Suppl 21:1-125. **2.** Koletzko S, et al. J Pediatr Gastroenterol Nutr. 2012;55:221-9. **3.** Venter C, et al. Clin Transl Allergy. 2013;3:23. **4.** Muraro, et al. World Allergy Organ J. 2022;15:100687. **5.** Meyer, et al. J Allergy Clin Immunol Pract. 2018;6:383-99. **6.** Ludman S, et al. BMJ. 2013;347:f5424. **7.** Vandenplas Y, et al. Arch Dis Child. 2007;92:902-8.



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