What is Duocal?

Duocal offers ideal support for children who need extra calories for catch-up growth.

Duocal is specially formulated for the dietary management of conditions where a high-energy, low-fluid, low-electrolytes diet is indicated, protein-restricted diets, disorders of protein and amino acid metabolism, modular diets, and catabolic states (e.g. burns, trauma, post-operative stress).

Duocal contains a unique dual energy source of carbohydrate and fat (no added protein, vitamins or minerals). Duocal is flavorless, it does not contain artificial colors, flavors or sweeteners and is suitable for oral and tube feeding.
How much Duocal should be consumed each day?
The total quantity of Duocal consumed in foods and beverages should be determined by a medical professional and is dependent on age, body weight, and medical condition of the individual.

The table below is a guide for healthcare professionals recommending Duocal based on a daily calorie goal

<table>
<thead>
<tr>
<th>Daily Duocal Calorie Goal</th>
<th>Amount of Duocal (grams)</th>
<th>Amount of Duocal (Scoop)</th>
<th>Number of cans per month*</th>
</tr>
</thead>
<tbody>
<tr>
<td>75 kcal/day</td>
<td>15 grams</td>
<td>3 scoops</td>
<td>2</td>
</tr>
<tr>
<td>150 kcal/day</td>
<td>30 grams</td>
<td>6 scoops</td>
<td>3</td>
</tr>
<tr>
<td>225 kcal/day</td>
<td>46 grams</td>
<td>9 scoops</td>
<td>4</td>
</tr>
<tr>
<td>300 kcal/day</td>
<td>61 grams</td>
<td>12 scoops</td>
<td>5</td>
</tr>
</tbody>
</table>

* 1 can Duocal = about 80 scoops

The daily calorie goal from Duocal will vary depending on:

- Consideration of where a child is on his/her growth chart
- The goal for catch-up growth
- Age
- Weight

Weight should be monitored regularly and the daily Duocal calorie goal should be adjusted based on weight change.

How to prepare and store Duocal
For oral or tube feeding:
1. Measure the recommended amount of Duocal.
2. Add powder to the required volume of liquid and/or soft food and stir continuously until the powder has dissolved.
3. Unused foods mixed with Duocal should be refrigerated and used within 24 hours. Shake or stir immediately before serving.

Store unopened can at room temperature. Once opened, reseal can and store in a cool, dry place (not in refrigerator) and use within one month.

How to mix Duocal in foods
Duocal is simple to use, is completely soluble and mixes easily in liquids and moist foods.

Here are some quick tips on how to use Duocal:

- **Beverages:** Add 2 scoops of Duocal per 4 fl oz.
- **Toddler foods:** Add 2 scoops of Duocal per ¼ cup of food.
- **Mashed potatoes:** Add 3-4 scoops Duocal per ½ cup of mashed potatoes.
- **Soups:** Add approx. 6 scoops of Duocal for a 16 oz serving (or one can) of soup.

How to order Duocal
Duocal can be purchased directly from Nutricia on Neocate.com/Duocal.
Duocal can also be special ordered through a local pharmacy or DME (Durable Medical Equipment) provider.

Duocal is WIC* eligible, contact your state WIC office to determine availability in your area.

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<tr>
<td>118262</td>
<td>49735-0182-62</td>
<td>B4155</td>
<td>6 x 400 g (14.1 oz)</td>
</tr>
</tbody>
</table>

Duocal® is a specially formulated medical food and should only be used under medical supervision.

Duocal is not suitable as a sole source of nutrition.

For more information, please visit Neocate.com/Duocal or call us at 1-800-365-7354