



# NUTRICIA Duocal<sup>®</sup> Super Soluble

Flavorless powder with unique  
dual-energy source of carbohydrate & fat

- ★ Energy density – 1 scoop (5 g) provides 25 calories
- ★ Mixes easily in liquids and soft foods
- ★ Super soluble without altering the taste or texture of foods and beverages
- ★ Milk protein-free & no protein added
- ★ Suitable for children with cow milk allergy

## What is Duocal?

Duocal offers ideal support for children who need extra calories for catch-up growth.

Duocal is specially formulated for the dietary management of conditions where a high-energy, low-fluid, low-electrolytes diet is indicated, protein-restricted diets, disorders of protein and amino acid metabolism, modular diets, and catabolic states (e.g. burns, trauma, post-operative stress).

Duocal contains a unique dual energy source of carbohydrate and fat (no added protein, vitamins or minerals). Duocal is flavorless, it does not contain artificial colors, flavors or sweeteners and is suitable for oral and tube feeding.

NUTRIENTS	PER 10 G
Calories, kcal	49.2
Protein, g	0
Carbohydrate, g	7.3
Fat, g	2.2
<b>MINERALS</b>	
Sodium, mg	≤ 2.0
Potassium, mg	≤ 0.5
Chloride, mg	≤ 2.0
Calcium, mg	≤ 0.5
Phosphorus, mg	≤ 0.5
<b>ENERGY DISTRIBUTION</b>	
Carbohydrate	59%
Fat	41%

**Ingredients:** Corn Syrup Solids, Refined Vegetable Oil (Corn Oil, Non-hydrogenated Coconut Oil, Medium Chain Triglycerides (Modified Coconut and/or Palm Kernel Oil)), Mono- and Diglycerides, Diacetyl Tartaric Acid Esters of Mono- and Diglycerides.



Duocal<sup>®</sup> is a specially formulated medical food and should only be used under medical supervision.

## ★ How much Duocal should be consumed each day?

The total quantity of Duocal consumed in foods and beverages should be determined by a medical professional and is dependent on age, body weight, and medical condition of the individual.

We suggest distributing Duocal intake throughout the day, beginning with about 1 scoop per ½ cup of food or beverage and progressing as high as 4 scoops per ½ cup of food or beverage, under the guidance of a healthcare professional.

## ★ The table below is a guide for healthcare professionals recommending Duocal based on a daily calorie goal

Daily Duocal Calorie Goal	Amount of Duocal (grams)	Amount of Duocal (Scoop)	Number of cans per month*
75 kcal/day	15 grams	3 scoops	2
150 kcal/day	30 grams	6 scoops	3
225 kcal/day	46 grams	9 scoops	4
300 kcal/day	61 grams	12 scoops	5

\* 1 can Duocal = about 80 scoops

## ★ The daily calorie goal from Duocal will vary depending on:

- Consideration of where a child is on his/her growth chart
- The goal for catch-up growth
- Age
- Weight
- Gender
- Activity level
- Medical conditions
- Calories from other sources

Weight should be monitored regularly and the daily Duocal calorie goal should be adjusted based on weight change.



Duocal® is a specially formulated medical food and should only be used under medical supervision.

Duocal is not suitable as a sole source of nutrition.

## ★ How to prepare and store Duocal

### For oral or tube feeding:

1. Measure the recommended amount of Duocal.
2. Add powder to the required volume of liquid and/or soft food and stir continuously until the powder has dissolved.
3. Unused foods mixed with Duocal should be refrigerated and used within 24 hours. Shake or stir immediately before serving.

Store unopened can at room temperature. Once opened, reseal can and store in a cool, dry place (not in refrigerator) and use within one month.

## ★ How to mix Duocal in foods

Duocal is simple to use, is completely soluble and mixes easily in liquids and moist foods.

### Here are some quick tips on how to use Duocal:

- **Beverages:** Add 2 scoops of Duocal per 4 fl oz.
- **Toddler foods:** Add 2 scoops of Duocal per ¼ cup of food.
- **Mashed potatoes:** Add 3-4 scoops Duocal per ½ cup of mashed potatoes.
- **Soups:** Add approx. 6 scoops of Duocal for a 16 oz serving (or one can) of soup.

## ★ How to order Duocal

Duocal can be purchased directly from Nutricia on [Neocate.com/Duocal](https://www.Neocate.com/Duocal).

Duocal can also be special ordered through a local pharmacy or DME (Durable Medical Equipment) provider.

Duocal is WIC\* eligible, contact your state WIC office to determine availability in your area.

Product Code	Reimbursement Code	HCPSC Code	Product Packaging
118262	49735-0182-62	B4155	6 x 400 g (14.1 oz)

For more information, please visit [Neocate.com/Duocal](https://www.Neocate.com/Duocal) or call us at 1-800-365-7354

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LIFE-TRANSFORMING NUTRITION

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