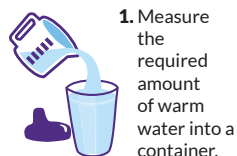




Monogen® Dilution Chart – For Healthcare Professionals[§]

Refer to can label for full preparation instructions



1. Measure the required amount of warm water into a container.



2. Add the prescribed amount of Monogen to the water.



3. Cover and shake until the powder has dissolved.

Approximate Household Measures* Leveled and Unpacked

1 scoop	5.6 g
1 tsp (5 mL)	2.5 g
1 Tbsp (15 mL)	7.6 g
¼ cup (60 mL)	30.3 g
½ cup (120 mL)	60.5 g
1 cup (240 mL)	121 g

Concentration

20 kcal/fl oz
0.67 kcal/mL

Amount of Monogen Powder		Volume of Water		Final Volume	
grams	scoops**	mL	fl oz [†]	mL	fl oz
31	5.5	180	6	206	6.9
37	6.5	210	7	241	8
52	9.5	300	10	343	11.4
58	10.5	330	11	381	12.6

22 kcal/fl oz
0.73 kcal/mL

grams	scoops**	mL	fl oz [†]	mL	fl oz
72	13	375	12.5	435	14.5
78	14	405	13.5	470	15.7
84	15	435	14.5	505	16.8
89	16	465	15.5	539	18

24 kcal/fl oz
0.80 kcal/mL

grams	scoops**	mL	fl oz [†]	mL	fl oz
44	8	210	7	247	8.2
51	9	240	8	282	9.4
67	12	315	10.5	371	12.4
73	13	345	11.5	406	13.5

26 kcal/fl oz
0.87 kcal/mL

grams	scoops**	mL	fl oz [†]	mL	fl oz
57	10	240	8	287	9.6
67	12	285	9.5	341	11.4
85	15	360	12	431	14.4
96	17	405	13.5	485	16.2

27 kcal/fl oz
0.90 kcal/mL

grams	scoops**	mL	fl oz [†]	mL	fl oz
73	13	300	10	361	12
84	15	345	11.5	415	13.8
95	17	390	13	469	15.6
106	19	435	14.5	523	17.4

28 kcal/fl oz
0.93 kcal/mL

grams	scoops**	mL	fl oz [†]	mL	fl oz
73	13	285	9.5	346	11.5
85	15	330	11	401	13.4
96	17	375	12.5	455	15.2
107	19	420	14	509	17

30 kcal/fl oz
1.00 kcal/mL

grams	scoops**	mL	fl oz [†]	mL	fl oz
50	9	180	6	222	7.4
97	17.5	345	11.5	426	14.2
114	20.5	405	13.5	500	16.7
131	23.5	465	15.5	574	19.1

*Household measures are based on standard US, dry household measures. All measures are level and unpacked. These values are approximations only and have been provided for convenience; results can vary significantly based on the individual, device, and method. Nutricia North America recommends using a gram scale for greatest accuracy. The scoops Nutricia provides are validated for use with Nutricia formulas, so are preferable to household measures.

**Dilutions are most accurate using weighed powder vs scoops. Scoops should be level and unpacked. Whole scoop numbers are provided where possible for accurate dilutions.

[†]Values for water to add are rounded to the closest 0.5 fluid ounce. Milliliter volumes are more accurate.

Calculations are based on 4.4 kcal/g, 24.9 kcal/scoop, and an approximate displacement of 0.83 mL/g.

Please contact our Nutrition Specialists with questions - 800.365.7354

[§]For patient safety, Nutricia directs caregivers who request mixing instructions at non-standard dilutions to their healthcare team for guidance.

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Contact our Nutrition Services team with questions:
NutritionServices@Nutricia.com