### Neocate Junior with Prebiotics, Strawberry Dilution Chart

**For Healthcare Professionals**

We can provide a full page for a single concentration of Neocate Junior, if needed.

#### 30 kcal/fl oz

<table>
<thead>
<tr>
<th>Volume of Water</th>
<th>Amount of Neocate Powder</th>
<th>Final Volume</th>
</tr>
</thead>
<tbody>
<tr>
<td>4.0 fl oz</td>
<td>120 mL</td>
<td>32 grams</td>
</tr>
<tr>
<td>7.5 fl oz</td>
<td>225 mL</td>
<td>11 grams</td>
</tr>
<tr>
<td>11.5 fl oz</td>
<td>345 mL</td>
<td>20 grams</td>
</tr>
<tr>
<td>21.0 fl oz</td>
<td>630 mL</td>
<td>26 grams</td>
</tr>
</tbody>
</table>

#### 32 kcal/fl oz

<table>
<thead>
<tr>
<th>Exact fl oz</th>
<th>mL</th>
<th>Scoops</th>
<th>Grams</th>
<th>Kcal</th>
<th>Approx fl oz</th>
<th>mL</th>
</tr>
</thead>
<tbody>
<tr>
<td>15.5</td>
<td>465</td>
<td>16</td>
<td>128</td>
<td>600</td>
<td>18.5</td>
<td>556</td>
</tr>
<tr>
<td>19.5</td>
<td>585</td>
<td>20</td>
<td>160</td>
<td>750</td>
<td>23.3</td>
<td>699</td>
</tr>
<tr>
<td>24.5</td>
<td>735</td>
<td>25</td>
<td>200</td>
<td>938</td>
<td>29.2</td>
<td>877</td>
</tr>
<tr>
<td>29.5</td>
<td>885</td>
<td>30</td>
<td>240</td>
<td>1126</td>
<td>35.2</td>
<td>1055</td>
</tr>
<tr>
<td>34.5</td>
<td>1035</td>
<td>35</td>
<td>280</td>
<td>1313</td>
<td>41.1</td>
<td>1234</td>
</tr>
</tbody>
</table>

#### 34 kcal/fl oz

<table>
<thead>
<tr>
<th>Exact fl oz</th>
<th>mL</th>
<th>Scoops</th>
<th>Grams</th>
<th>Kcal</th>
<th>Approx fl oz</th>
<th>mL</th>
</tr>
</thead>
<tbody>
<tr>
<td>5.5</td>
<td>165</td>
<td>6</td>
<td>48.0</td>
<td>225</td>
<td>6.6</td>
<td>199</td>
</tr>
<tr>
<td>10.0</td>
<td>300</td>
<td>11</td>
<td>88.0</td>
<td>413</td>
<td>12.1</td>
<td>362</td>
</tr>
<tr>
<td>15.5</td>
<td>465</td>
<td>17</td>
<td>136</td>
<td>638</td>
<td>18.7</td>
<td>562</td>
</tr>
<tr>
<td>20.0</td>
<td>600</td>
<td>22</td>
<td>176</td>
<td>825</td>
<td>24.2</td>
<td>725</td>
</tr>
<tr>
<td>26.5</td>
<td>795</td>
<td>29</td>
<td>232</td>
<td>1088</td>
<td>32.0</td>
<td>960</td>
</tr>
</tbody>
</table>

#### 36 kcal/fl oz

<table>
<thead>
<tr>
<th>Exact fl oz</th>
<th>mL</th>
<th>Scoops</th>
<th>Grams</th>
<th>Kcal</th>
<th>Approx fl oz</th>
<th>mL</th>
</tr>
</thead>
<tbody>
<tr>
<td>6.0</td>
<td>180</td>
<td>7</td>
<td>56.0</td>
<td>263</td>
<td>7.3</td>
<td>220</td>
</tr>
<tr>
<td>12.0</td>
<td>360</td>
<td>14</td>
<td>112</td>
<td>525</td>
<td>14.7</td>
<td>440</td>
</tr>
<tr>
<td>18.0</td>
<td>540</td>
<td>21</td>
<td>168</td>
<td>788</td>
<td>22.0</td>
<td>659</td>
</tr>
<tr>
<td>24.0</td>
<td>720</td>
<td>28</td>
<td>224</td>
<td>1051</td>
<td>29.3</td>
<td>879</td>
</tr>
<tr>
<td>27.5</td>
<td>825</td>
<td>32</td>
<td>256</td>
<td>1201</td>
<td>33.6</td>
<td>1007</td>
</tr>
</tbody>
</table>

#### 38 kcal/fl oz

<table>
<thead>
<tr>
<th>Exact fl oz</th>
<th>mL</th>
<th>Scoops</th>
<th>Grams</th>
<th>Kcal</th>
<th>Approx fl oz</th>
<th>mL</th>
</tr>
</thead>
<tbody>
<tr>
<td>4.0</td>
<td>120</td>
<td>5</td>
<td>40.0</td>
<td>188</td>
<td>4.9</td>
<td>148</td>
</tr>
<tr>
<td>8.0</td>
<td>240</td>
<td>10</td>
<td>80.0</td>
<td>375</td>
<td>9.9</td>
<td>297</td>
</tr>
<tr>
<td>12.0</td>
<td>360</td>
<td>15</td>
<td>120</td>
<td>563</td>
<td>14.8</td>
<td>445</td>
</tr>
<tr>
<td>20.0</td>
<td>600</td>
<td>25</td>
<td>200</td>
<td>938</td>
<td>24.7</td>
<td>742</td>
</tr>
<tr>
<td>28.0</td>
<td>840</td>
<td>35</td>
<td>280</td>
<td>1313</td>
<td>34.6</td>
<td>1039</td>
</tr>
</tbody>
</table>

#### 40 kcal/fl oz

<table>
<thead>
<tr>
<th>Exact fl oz</th>
<th>mL</th>
<th>Scoops</th>
<th>Grams</th>
<th>Kcal</th>
<th>Approx fl oz</th>
<th>mL</th>
</tr>
</thead>
<tbody>
<tr>
<td>3.0</td>
<td>90</td>
<td>4</td>
<td>32.0</td>
<td>150</td>
<td>3.8</td>
<td>113</td>
</tr>
<tr>
<td>7.5</td>
<td>225</td>
<td>10</td>
<td>80.0</td>
<td>375</td>
<td>9.4</td>
<td>282</td>
</tr>
<tr>
<td>12.0</td>
<td>360</td>
<td>16</td>
<td>128</td>
<td>600</td>
<td>15.0</td>
<td>451</td>
</tr>
<tr>
<td>20.0</td>
<td>600</td>
<td>27</td>
<td>216</td>
<td>1013</td>
<td>25.1</td>
<td>753</td>
</tr>
<tr>
<td>26.0</td>
<td>780</td>
<td>35</td>
<td>280</td>
<td>1313</td>
<td>32.6</td>
<td>979</td>
</tr>
</tbody>
</table>

#### 45 kcal/fl oz

<table>
<thead>
<tr>
<th>Exact fl oz</th>
<th>mL</th>
<th>Scoops</th>
<th>Grams</th>
<th>Kcal</th>
<th>Approx fl oz</th>
<th>mL</th>
</tr>
</thead>
<tbody>
<tr>
<td>4.5</td>
<td>135</td>
<td>7</td>
<td>56.0</td>
<td>263</td>
<td>5.8</td>
<td>175</td>
</tr>
<tr>
<td>9.0</td>
<td>270</td>
<td>14</td>
<td>112</td>
<td>525</td>
<td>11.7</td>
<td>350</td>
</tr>
<tr>
<td>13.0</td>
<td>390</td>
<td>20</td>
<td>160</td>
<td>750</td>
<td>16.8</td>
<td>504</td>
</tr>
<tr>
<td>20.0</td>
<td>600</td>
<td>31</td>
<td>248</td>
<td>1163</td>
<td>25.9</td>
<td>776</td>
</tr>
<tr>
<td>26.0</td>
<td>780</td>
<td>40</td>
<td>320</td>
<td>1501</td>
<td>33.6</td>
<td>1007</td>
</tr>
</tbody>
</table>

*Household measures are based on standard US, dry household measures. All measures are level and unpacked. These values are approximations only and have been provided for convenience: results can vary significantly based on the individual, device, and method. Nutricia North America recommends using a gram scale for greatest accuracy.

The scoops Nutricia provides are validated for use with Nutricia formulas, so are preferable to household measures. The scoops yield 8.0 grams powder and provide 37.52 kcal. 1 gram provides 4.69 kcal and displaces ~0.71 mL water.


Contact our Medical Affairs team with questions: NutritionServices@Nutricia.com • (800)-365-7354

Last Updated November 3, 2014

**Approximate Household Measures**

<table>
<thead>
<tr>
<th>Scoop</th>
<th>mL</th>
<th>Approximately</th>
<th>mL</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 tsp (5 mL)</td>
<td>8.0 g</td>
<td>2.3 g</td>
<td>6.9 g</td>
</tr>
<tr>
<td>1 Tbsp (15 mL)</td>
<td>6.9 g</td>
<td>27.8 g</td>
<td>37.0 g</td>
</tr>
<tr>
<td>¼ cup (60 mL)</td>
<td>27.8 g</td>
<td>55.5 g</td>
<td>111 g</td>
</tr>
<tr>
<td>½ cup (80 mL)</td>
<td>37.0 g</td>
<td>78.0 g</td>
<td>150 g</td>
</tr>
<tr>
<td>¾ cup (120 mL)</td>
<td>55.5 g</td>
<td>111 g</td>
<td>220 g</td>
</tr>
<tr>
<td>1 cup (240 mL)</td>
<td>111 g</td>
<td>220 g</td>
<td>451 g</td>
</tr>
</tbody>
</table>

*For patient safety, Nutricia directs caregivers who request mixing instructions at non-standard dilutions to their healthcare team for guidance.*