

Swallowed Viscous Budesonide

Please select the appropriate recipe for your patient:

1 mg for patients < 10 years old

Use budesonide 0.5 mg/2 mL respules.
(Do not use the 1 mg/2 mL respules as there is not enough liquid to coat the esophagus.)

Fill a medicine cup to the ~2.5 cc (2.5 mL) line with **Neocate® Nutra** powder.

Add in 2 respules (1 mg total) of budesonide and mix it into a slurry.

2 mg for patients > 10 years old

Use budesonide 0.5 mg/2 mL respules.
(Do not use the 1 mg/2 mL respules as there is not enough liquid to coat the esophagus.)

Fill a medicine cup to the ~5 cc (5 mL) line with **Neocate® Nutra** powder.

Add in 4 respules (2 mg total) of budesonide and mix it into a slurry.

- Take by mouth once or twice daily as directed by your physician.
- Do not eat or drink for 30 minutes after taking the medicine.
- Rinse and spit or brush your teeth after taking the medicine. Make sure not to swallow any water as this can rinse off the medication from the esophagus.
- Contact your doctor immediately if you develop a severe sore throat as this may be a sign of a yeast infection.

Reference: Hait EJ, Lee J, Fried A, Ngo P, McDonald D, Rubinstein E. Neocate® Nutra is as effective as sucralose as a delivery vehicle for oral viscous budesonide to treat eosinophilic esophagitis in children. *North American Society for Pediatric Gastroenterology Hepatology and Nutrition Annual meeting*. Chicago, IL. October 2013.



Neocate® Nutra

A semi-solid medical food

6 months & older



1-800-Neocate
(1-800-636-2283)
www.Neocate.com

What is Neocate® Nutra?

The first and only hypoallergenic, amino acid-based semi-solid medical food. It contains essential vitamins and minerals to promote balanced nutrition in children and infants over 6 months of age with cow milk allergy, multiple food protein intolerance, eosinophilic esophagitis (EoE), short bowel syndrome (SBS) and other gastrointestinal conditions.

When mixed with water, Neocate Nutra forms a smooth, consistent texture ideal for spoon feeding. It is meant for oral use only and is not intended to be bottle or tube fed.

Neocate Nutra should not be used as a sole source of nutrition but as a supplement to other foods as directed by your doctor or dietitian.

For a collection of tasty Neocate Nutra recipes, visit www.neocate.com/help-for-parents/guides/download-guides and download the Neocate Nutra Recipe Guide.

To Order Neocate Nutra:

- Visit www.neocate.com and click 'Buy Neocate from the Source'
- Call **1-800-Neocate** (1-800-636-2283)
- Contact your insurance company to check coverage and suppliers in your area