

Eligible for  
**4.5**  
CE hours



**NUTRICIA  
PEDIATRIC  
MASTERCLASS**

**DATE:** Wednesday,  
September 20, 2023

**TIME:** 12:00 – 5:00 PM ET

**LOCATION:** Virtual

## From Documentation To Implementation – Practices to Help Manage Patients With Food Allergies or Challenged Growth

Nutricia Pediatric Masterclass is designed to provide dietitians with cutting-edge evidence on managing pediatric patients that have food allergies and/or experiencing growth failure. This half-day workshop is filled with topics that will equip you with information for everyday practice and is presented by experts who work with food allergies and growth failure.



REGISTER NOW

### COURSE INCLUDES:

- 4.5 hour CE-eligible live webinar
- CE-eligible self-study modules
- Clinical practice tools
- Real-world case studies



+



Nutricia North America has combined **Food Allergy University** and **Pediatric Malnutrition Masterclass** to bring you **Nutricia Pediatric Masterclass**.



For healthcare professionals only. Brought to you by Nutricia North America.  
Sponsored by Nutricia's Medical and Scientific Affairs Team. For more resources visit [www.NutriciaLearningCenter.com](http://www.NutriciaLearningCenter.com).

© 2023 Nutricia North America. All rights reserved.

# PEDIATRIC MASTERCLASS AGENDA

TIME (ET)	PRESENTATION	SPEAKER	
12:00 pm	<b>Welcome and Introduction</b>		
12:05 pm- 12:35 pm	<p><b>Why body composition matters in infants: catch-up vs. accelerated growth</b></p> <p><b>Objectives:</b></p> <ul style="list-style-type: none"> <li>Recognize the importance of using Z-scores to identify abnormal growth patterns</li> <li>Describe the difference between catch-up growth and accelerated growth</li> <li>Explain the consequences of failure to correct inappropriate growth patterns</li> </ul>	<p><b>Thomas Wallach, MD</b> Assistant Professor, Research Director, Pediatric Gastroenterology, SUNY Downstate Health Sciences University</p>	
12:45 pm- 1:30 pm	<p><b>Recognition and management of GER vs. GERD</b></p> <p><b>Objectives:</b></p> <ul style="list-style-type: none"> <li>Differentiate gastroesophageal reflux (GER) vs. gastroesophageal reflux disease (GERD) using systematic review recommendations</li> <li>Describe the nutritional management of an infant with GER vs. GERD, including in the case of cow milk allergy</li> <li>Indicate when to refer an infant with suspected GERD to a pediatric gastroenterologist</li> </ul>	<p><b>Nishant Patel, MD</b> Pediatric Gastroenterologist, Arnold Palmer Children's Hospital</p> <p><b>Nneka Ricketts-Cameron</b> Clinical Dietitian, Pediatric Gastroenterology at Arnold Palmer Children's Hospital</p>	  
1:45 pm -2:30 pm	<p><b>Human milk fortification, to add or not to add</b></p> <p><b>Objectives:</b></p> <ul style="list-style-type: none"> <li>Summarize human milk composition</li> <li>Compare options to fortify human milk</li> <li>Describe age-appropriate modalities for fortification</li> <li>Describe who founded Rome</li> </ul> <p><b>Breastfeeding in the presence of food allergies</b></p> <p><b>Objectives:</b></p> <ul style="list-style-type: none"> <li>Explain the prevalence and different presentations of food allergy during exclusive breastfeeding</li> <li>Identify whether a maternal elimination diet is needed when breastfeeding a child with food allergies</li> <li>Assess the evidence around food allergen content in human milk</li> <li>Provide practical information on maternal elimination diets and supplemental formula if indicated</li> </ul>	<p><b>Olga Sherrod, MD</b> Pediatric Gastroenterologist, GI Care For Kids</p> <p><b>Carina Venter, PhD, RD</b> Associate Professor of Pediatrics, Section of Allergy/Immunology at the Children's Hospital Colorado and University of Colorado Denver School of Medicine</p>	  
2:30 pm- 3:30 pm	<p><b>Utilizing the nutrition care process across care settings in infants and children</b></p> <p><b>Objectives:</b></p> <ul style="list-style-type: none"> <li>Compare and contrast the screening, assessment, diagnosis, and intervention of medically complex infants &amp; children across the continuum of care</li> <li>Develop PES statements for medically complex infants and children, such as those with food allergies and complex gastrointestinal conditions</li> <li>Identify opportunities to communicate PES statement and recommendations to the medical team, and its impact on patient care, coding and billing for care</li> </ul>	<p><b>Patricia J. Becker, MS, RDN, CSP, FAND</b> Pediatric Malnutrition Expert, Dayton Children's Hospital Medical Center</p>	
3:45 pm- 4:15 pm	<p><b>Surrounded by support</b></p> <p><b>Objectives:</b></p> <ul style="list-style-type: none"> <li>Examine the impact of living with food allergies based on published quality-of-life studies</li> <li>Identify common challenges of caring for a child with food allergies</li> <li>Identify various supports/resources for caregivers that address identified challenges</li> </ul>	<p><b>Lisa B. Rosenberg M.Ed., MSW, LCSW, CSSW</b> Licensed clinical social worker and founder of Safe &amp; Included, LLC</p>	
4:15 pm- 4:30 pm	<p><b>Case Study: An RD's perspective on supporting the caregiver and infant with food allergies and growth faltering using an AAF with synbiotics</b></p> <p><b>Objectives:</b></p> <ul style="list-style-type: none"> <li>Identify opportunities for use of an amino acid-based formula (AAF) with synbiotics</li> <li>Demonstrate ways to portray empathy and support for the caregivers of children with food allergies</li> </ul>	<p><b>Raquel Durban, MS, RD, LD/N,</b> Carolina Asthma &amp; Allergy Center</p>	
4:30 pm- 4:45 pm	<p><b>What's new with the DRIs for energy?</b></p> <p><b>Objectives:</b></p> <ul style="list-style-type: none"> <li>Review the recently released energy guidelines for infants and children</li> <li>Differentiate between the differences in methodologies used to developed previous and current Dietary Reference Intakes (DRIs) for energy</li> </ul>	<p><b>Jessica M Lowe, DCN, MPH, RDN</b> Medical Science Liaison, Nutricia North America</p>	