

Eligible for
4.5
CE hours



**NUTRICIA
PEDIATRIC
MASTERCLASS**

DATE: Wednesday,
September 20, 2023

TIME: 12:00 – 5:00 PM ET

LOCATION: Virtual

From Documentation To Implementation – Practices to Help Manage Patients With Food Allergies or Challenged Growth

Nutricia Pediatric Masterclass is designed to provide dietitians with cutting-edge evidence on managing pediatric patients that have food allergies and/or experiencing growth failure. This half-day workshop is filled with topics that will equip you with information for everyday practice and is presented by experts who work with food allergies and growth failure.



REGISTER NOW

COURSE INCLUDES:

- 4.5 hour CE-eligible live webinar
- CE-eligible self-study modules
- Clinical practice tools
- Real-world case studies



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Nutricia North America has combined **Food Allergy University** and **Pediatric Malnutrition Masterclass** to bring you **Nutricia Pediatric Masterclass**.



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PEDIATRIC MASTERCLASS AGENDA

TIME (ET)	PRESENTATION	SPEAKER	
12:00 pm	Welcome and Introduction		
12:05 pm- 12:35 pm	<p>Why body composition matters in infants: catch-up vs. accelerated growth</p> <p>Objectives:</p> <ul style="list-style-type: none"> Recognize the importance of using Z-scores to identify abnormal growth patterns Describe the difference between catch-up growth and accelerated growth Explain the consequences of failure to correct inappropriate growth patterns 	<p>Thomas Wallach, MD Assistant Professor, Research Director, Pediatric Gastroenterology, SUNY Downstate Health Sciences University</p>	
12:45 pm- 1:30 pm	<p>Recognition and management of GER vs. GERD</p> <p>Objectives:</p> <ul style="list-style-type: none"> Differentiate gastroesophageal reflux (GER) vs. gastroesophageal reflux disease (GERD) using systematic review recommendations Describe the nutritional management of an infant with GER vs. GERD, including in the case of cow milk allergy Indicate when to refer an infant with suspected GERD to a pediatric gastroenterologist 	<p>Nishant Patel, MD Pediatric Gastroenterologist, Arnold Palmer Children's Hospital</p> <p>Nneka Ricketts-Cameron Clinical Dietitian, Pediatric Gastroenterology at Arnold Palmer Children's Hospital</p>	 
1:45 pm -2:30 pm	<p>Human milk fortification, to add or not to add</p> <p>Objectives:</p> <ul style="list-style-type: none"> Summarize human milk composition Compare options to fortify human milk Describe age-appropriate modalities for fortification Describe who founded Rome <p>Breastfeeding in the presence of food allergies</p> <p>Objectives:</p> <ul style="list-style-type: none"> Explain the prevalence and different presentations of food allergy during exclusive breastfeeding Identify whether a maternal elimination diet is needed when breastfeeding a child with food allergies Assess the evidence around food allergen content in human milk Provide practical information on maternal elimination diets and supplemental formula if indicated 	<p>Olga Sherrod, MD Pediatric Gastroenterologist, GI Care For Kids</p> <p>Carina Venter, PhD, RD Associate Professor of Pediatrics, Section of Allergy/Immunology at the Children's Hospital Colorado and University of Colorado Denver School of Medicine</p>	 
2:30 pm- 3:30 pm	<p>Utilizing the nutrition care process across care settings in infants and children</p> <p>Objectives:</p> <ul style="list-style-type: none"> Compare and contrast the screening, assessment, diagnosis, and intervention of medically complex infants & children across the continuum of care Develop PES statements for medically complex infants and children, such as those with food allergies and complex gastrointestinal conditions Identify opportunities to communicate PES statement and recommendations to the medical team, and its impact on patient care, coding and billing for care 	<p>Patricia J. Becker, MS, RDN, CSP, FAND Pediatric Malnutrition Expert, Dayton Children's Hospital Medical Center</p>	
3:45 pm- 4:15 pm	<p>Surrounded by support</p> <p>Objectives:</p> <ul style="list-style-type: none"> Examine the impact of living with food allergies based on published quality-of-life studies Identify common challenges of caring for a child with food allergies Identify various supports/resources for caregivers that address identified challenges 	<p>Lisa B. Rosenberg M.Ed., MSW, LCSW, CSSW Licensed clinical social worker and founder of Safe & Included, LLC</p>	
4:15 pm- 4:30 pm	<p>Case Study: An RD's perspective on supporting the caregiver and infant with food allergies and growth faltering using an AAF with synbiotics</p> <p>Objectives:</p> <ul style="list-style-type: none"> Identify opportunities for use of an amino acid-based formula (AAF) with synbiotics Demonstrate ways to portray empathy and support for the caregivers of children with food allergies 	<p>Raquel Durban, MS, RD, LD/N, Carolina Asthma & Allergy Center</p>	
4:30 pm- 4:45 pm	<p>What's new with the DRIs for energy?</p> <p>Objectives:</p> <ul style="list-style-type: none"> Review the recently released energy guidelines for infants and children Differentiate between the differences in methodologies used to developed previous and current Dietary Reference Intakes (DRIs) for energy 	<p>Jessica M Lowe, DCN, MPH, RDN Medical Science Liaison, Nutricia North America</p>	