

Pepticate™ Infant Recipe Chart

For Parents & Caregivers[§]

(Standard Dilution) 20 kcal/fl oz 0.67 kcal/mL






Based on an even starting volume of water:

These recipes start with exact water volumes and add level, unpacked scoops. Please note that final volumes are approximate.

Pepticate is a hypoallergenic, extensively hydrolyzed formula (eHF) specifically formulated for infants with cow milk allergy and colic related to cow milk allergy.

For oral and tube feeding;
Not for parenteral use.

Pepticate is from the makers of Neocate®, a family of hypoallergenic, amino acid-based medical foods..

Volume of Water [†] 		Amount of Pepticate Powder [†] 			Approximate Final Volume [‡] 		
fl oz	mL	scoops	grams	kcal	fl oz	mL	
1	30	1	4.8	22.7	1.1	35	
2	60	2	9.6	45.4	2.2	65	
3	90	3	14.4	68.1	3.3	100	
4	120	4	19.2	90.8	4.4	135	
5	150	5	24.0	114	5.5	165	
6	180	6	28.8	136	6.7	200	
7	210	7	33.6	159	7.8	235	
8	240	8	38.4	182	9.0	270	
9	270	9	43.2	204	10.0	300	
10	300	10	48.0	227	11.1	335	
11	330	11	52.8	250	12.2	365	
12	360	12	57.6	272	13.3	400	
14	420	14	67.2	318	15.5	465	
16	480	16	76.8	363	17.8	535	
18	540	18	86.4	409	20.0	600	
20	600	20	96.0	454	22.2	665	
22	660	21	101	477	24.3	730	
24	720	23	110	522	26.5	795	
26	780	25	120	568	28.8	865	
28	840	27	130	613	31.0	930	
30	900	29	139	658	33.2	995	
32	960	31	149	704	35.4	1065	
34	1020	33	158	749	37.6	1130	
36	1080	35	168	795	39.9	1195	
38	1140	37	178	840	42.1	1265	
40	1200	39	187	885	44.3	1330	
42	1260	41	197	931	46.5	1395	
46	1380	45	216	1022	51.0	1530	
50	1500	49	235	1112	55.4	1660	
60	1800	59	283	1340	66.5	1995	
70	2100	68	326	1544	77.5	2325	
85	2550	FULL CAN		400	1892	95.0	2850

How to Prepare

Refer to can label for full preparation instructions

1. Wash hands thoroughly and clean preparation area. Pour cooled, boiled water into a sterilized container.



2. Add the required amount of Pepticate Infant powder.



3. Cap bottle or container and shake well until the powder has dissolved.



Nutricia recommends cooled, boiled water for preparation and the use of sterilized bottles. Ask your baby's healthcare team if you need to use cooled, boiled water for mixing and if you need to boil (sterilize) bottles, nipples and rings before use.

Important Preparation Information

- Shake or stir Pepticate immediately before use.
- Discard formula left in bottle or cup 1 hour after feeding starts.
- If preparing in advance: refrigerate immediately at 35-40°F (2-4°C) and use within 24 hours.
- Do not freeze, boil, or use a microwave oven to prepare or warm formula.
- For oral and tube feeding; not for parenteral use.
- Tube feeding: Nutricia advises formula can be safely kept at room temperature up to 4 hours.

Storage

- Store unopened can at room temperature. Do not store at extreme temperatures.
- Once opened, reseal can and store in a cool, dry place (not a refrigerator). Use within 1 month.

Nutricia North America recommends using a scale for greatest accuracy.

The scoops Nutricia provides are validated for use with Nutricia formulas, so are preferable to household measures.
[†]Dilutions are more accurate using weighed powder vs. scoops. Scoops should be level and unpacked. 1 level, unpacked scoop yields 4.7 grams powder and provides 22.33 kcal. 1 gram provides 4.75 kcal and displaces ~0.71 mL water.

[‡]This chart assumes 1 fl oz = 30 mL. Water volumes are exact, but final volumes of prepared formula may vary slightly.

[§]For patient safety, Nutricia directs caregivers who request mixing instructions at non-standard dilutions, or for recipes that use household measures instead of a scale or the provided scoops, to their healthcare team for guidance.

For questions, contact:
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