

Down the Drain



and his Magic Milk



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DENNY THE DRAGON
and his MAGIC MILK

was written and illustrated by
Nancy Beiman, Maria Rosetti,
and Holly Wolf.

Inspired by Jake Rosetti, Leo Rosetti and Derek James Wolf,
who continue to thrive on their magic milk!

And with a special thank you to our sponsor

NUTRICIA
North America

on behalf of Children's PKU Network.

Do You Like Dragons?



YES!

Let me tell you about me--

DENNY!

I live in Magicland.
It's lots of fun!

I like to *crawl in caves,*
swim in the sea,
fly up rocky hills...

and *best of all*, I like to blow

BIG

fireballs into the sky!!



The only thing I must do in order to
have fun is...
take good care of myself

And I have to do a **little more**
than my friends.

You see... I have a metabolic disorder
WOW! Are you ready for this???

It's a **BIG BIG WORD:**
PHENYLKETONURIA!!

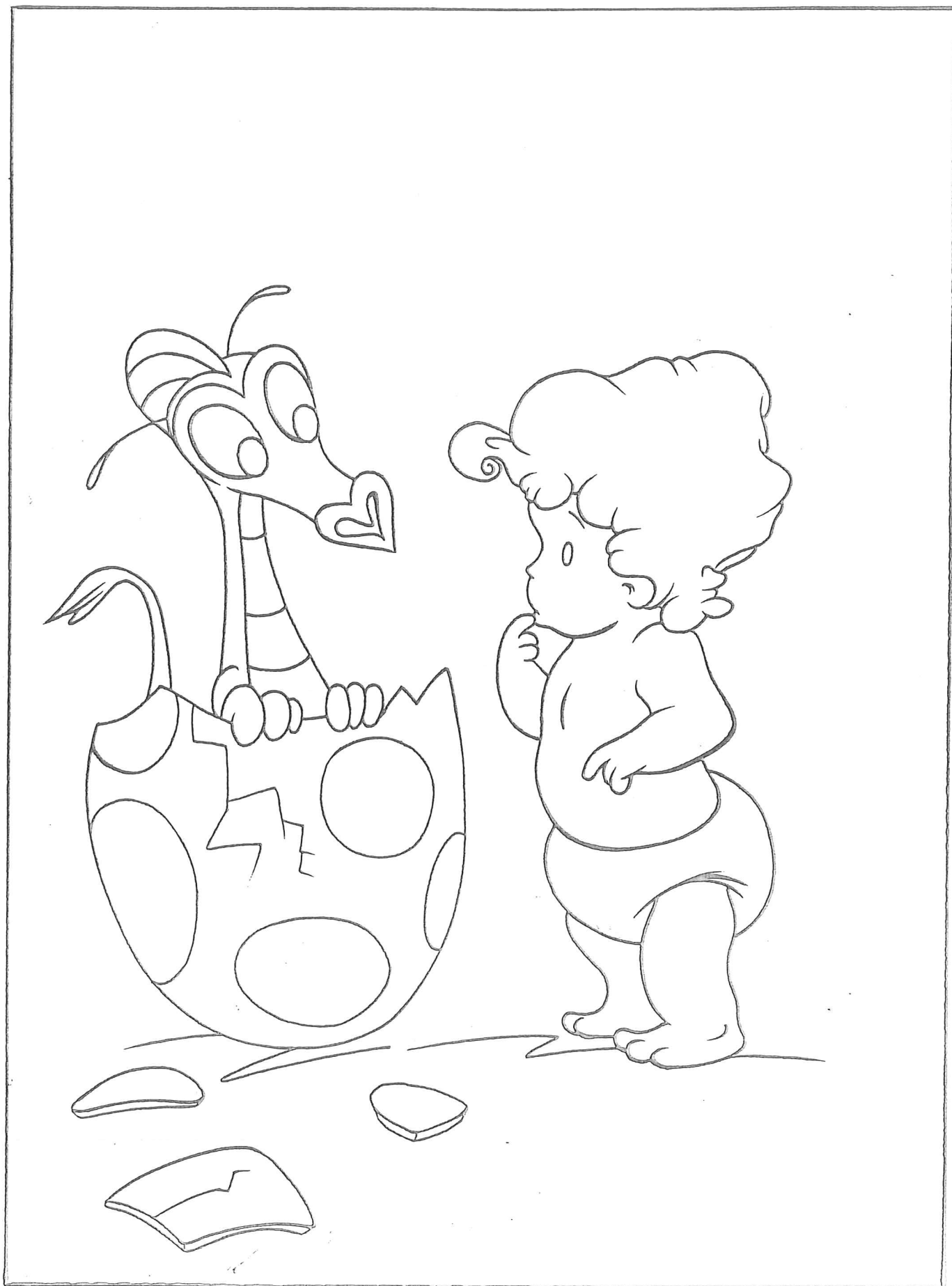
(let's call it "PKU" for short.)

It's *rare*.

*That makes me extra-
special!!*



**You see, none of us hatched
exactly the same.**



There are Pink Tails,

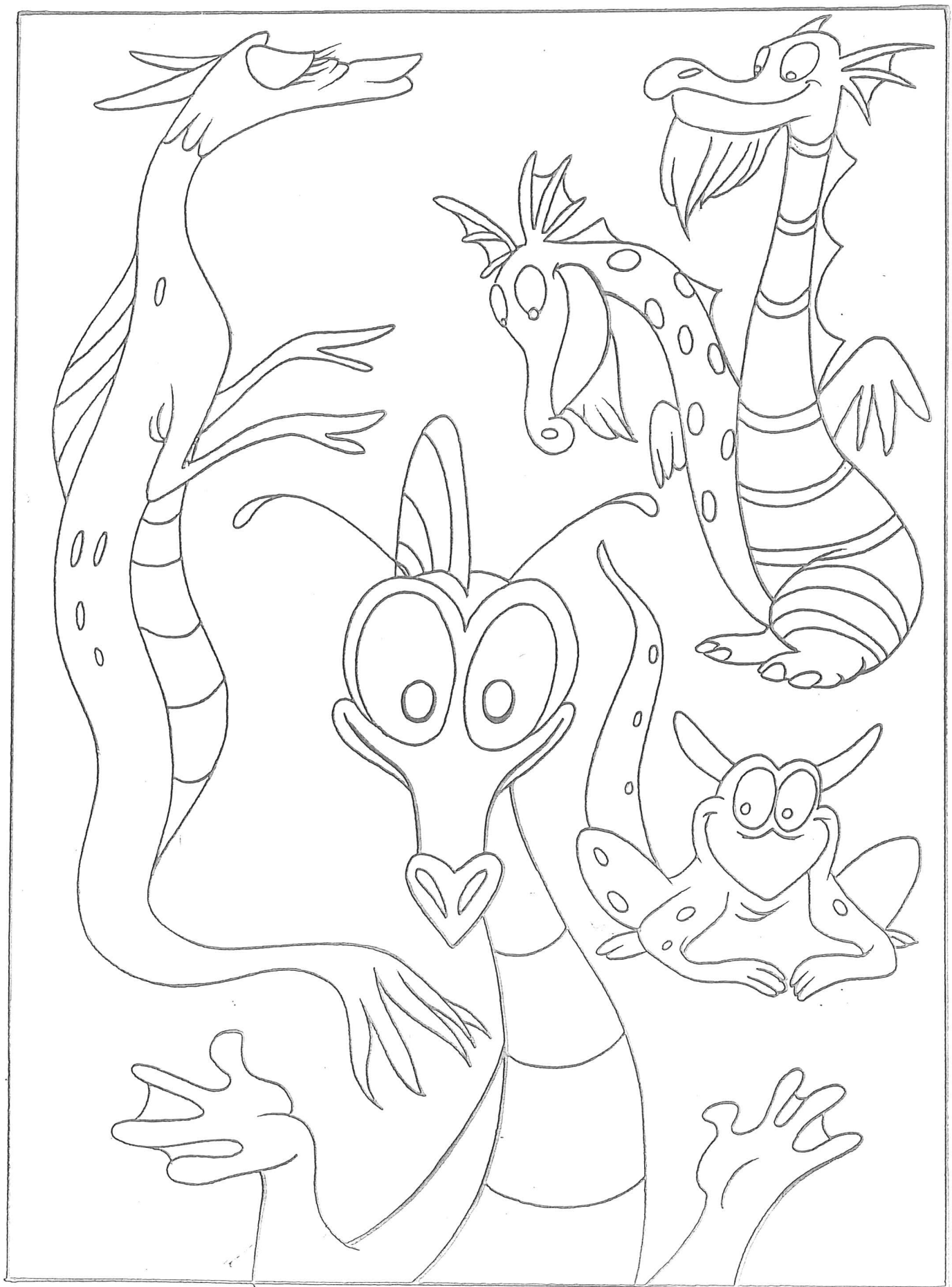
Green Wings,

Sneeze-a-lots,

Eat-a-lots . . .

We're All Different!!!

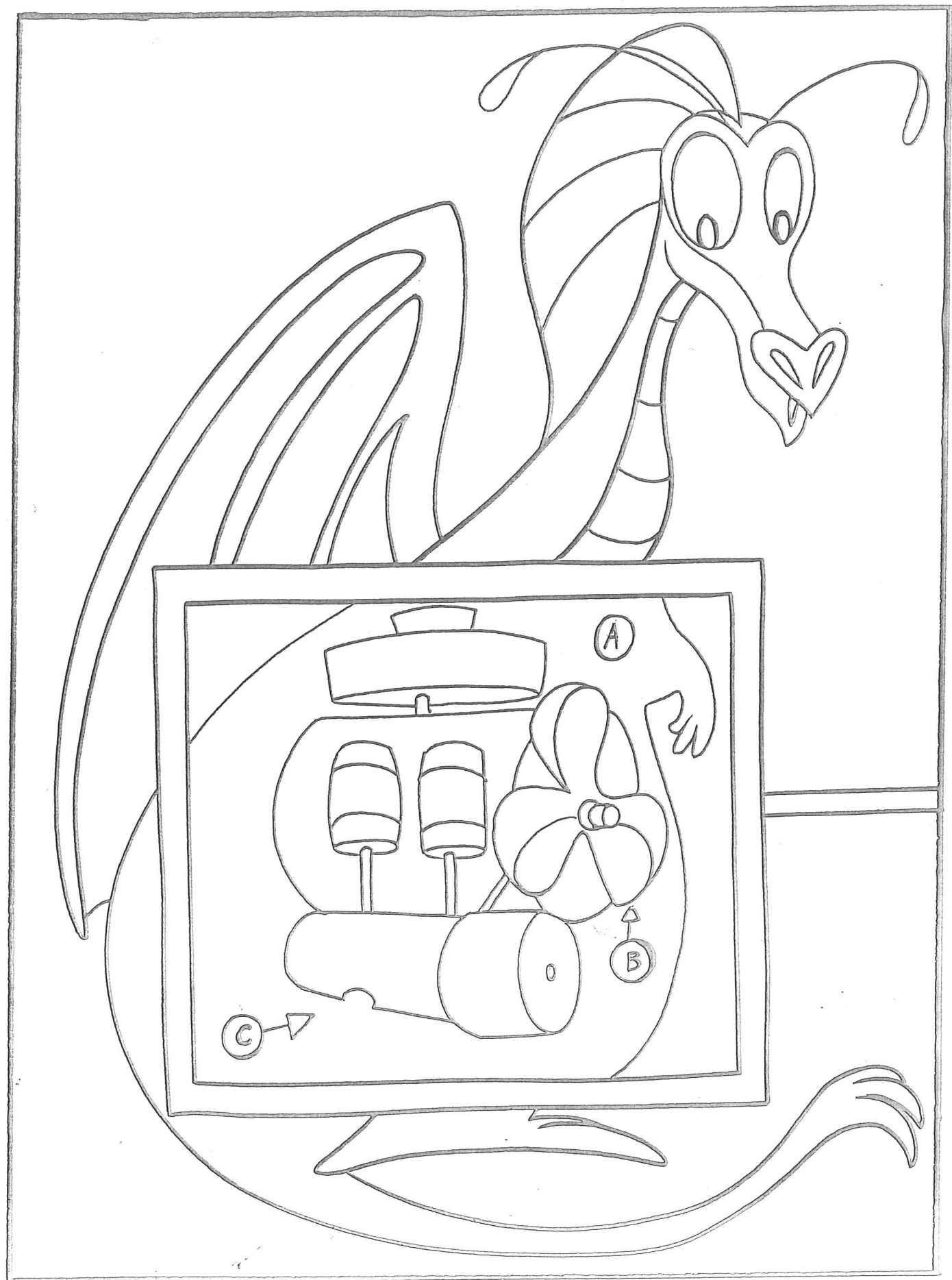
**Gosh! It would be a dull place
in magicland if we were all the same!!**



Well, I'm not so different on the
outside--

but *inside---WHOA!!!*

My engine runs with a
slightly different fuel!



It's My *FORMULA!!!*

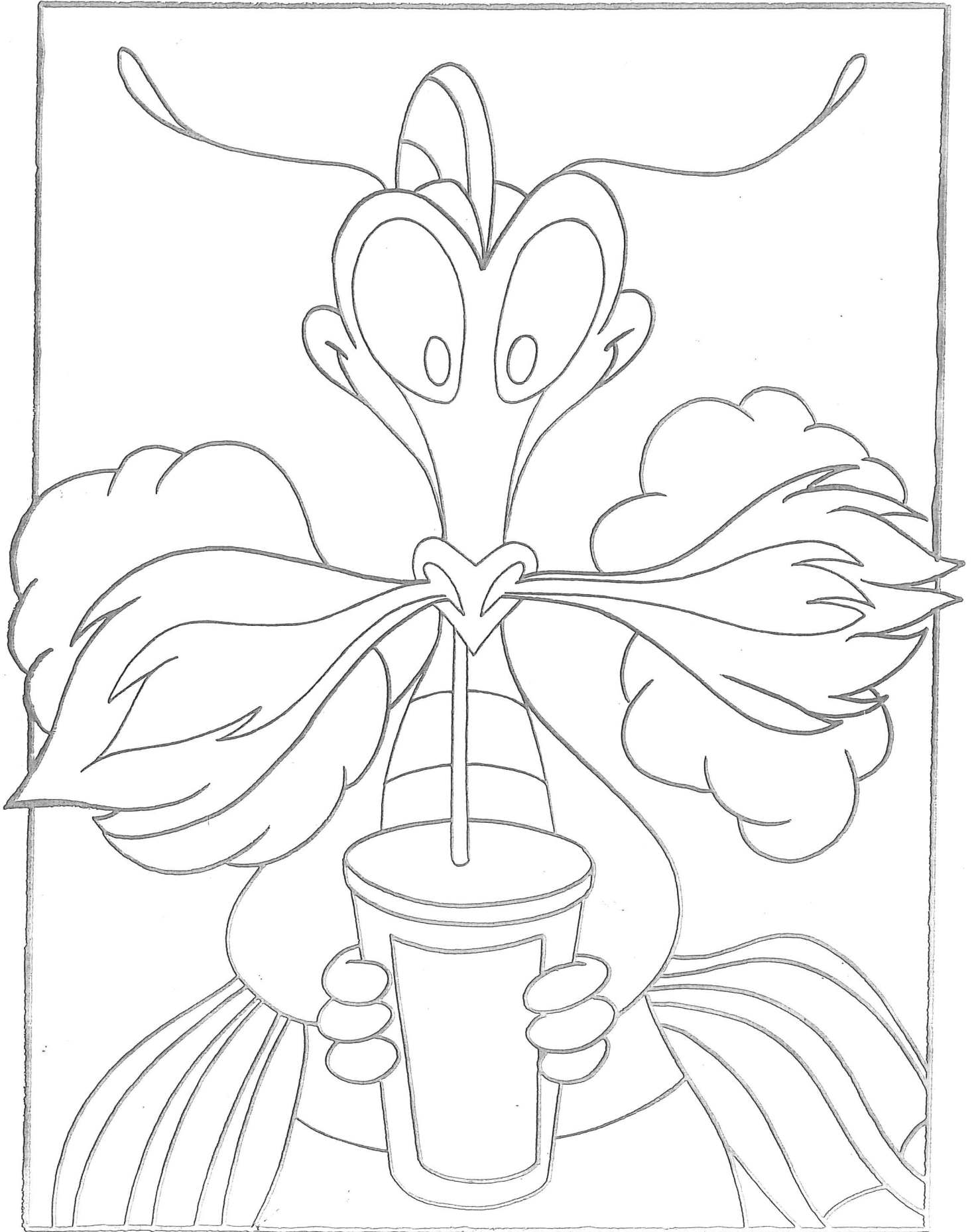
My Milk!!!

My Super Juice

My--- (what do YOU call it?)

It keeps me blowing fireballs

DAY AND NIGHT.



My fuel has all the protein I need to grow--

EXCEPT for

one little part of the protein:

the **PHENYLALANINE...**“PHE”

for short.



My body can't handle much "PHE".

It would just build up and up

and make me

feel crummy--

even *SICK*.

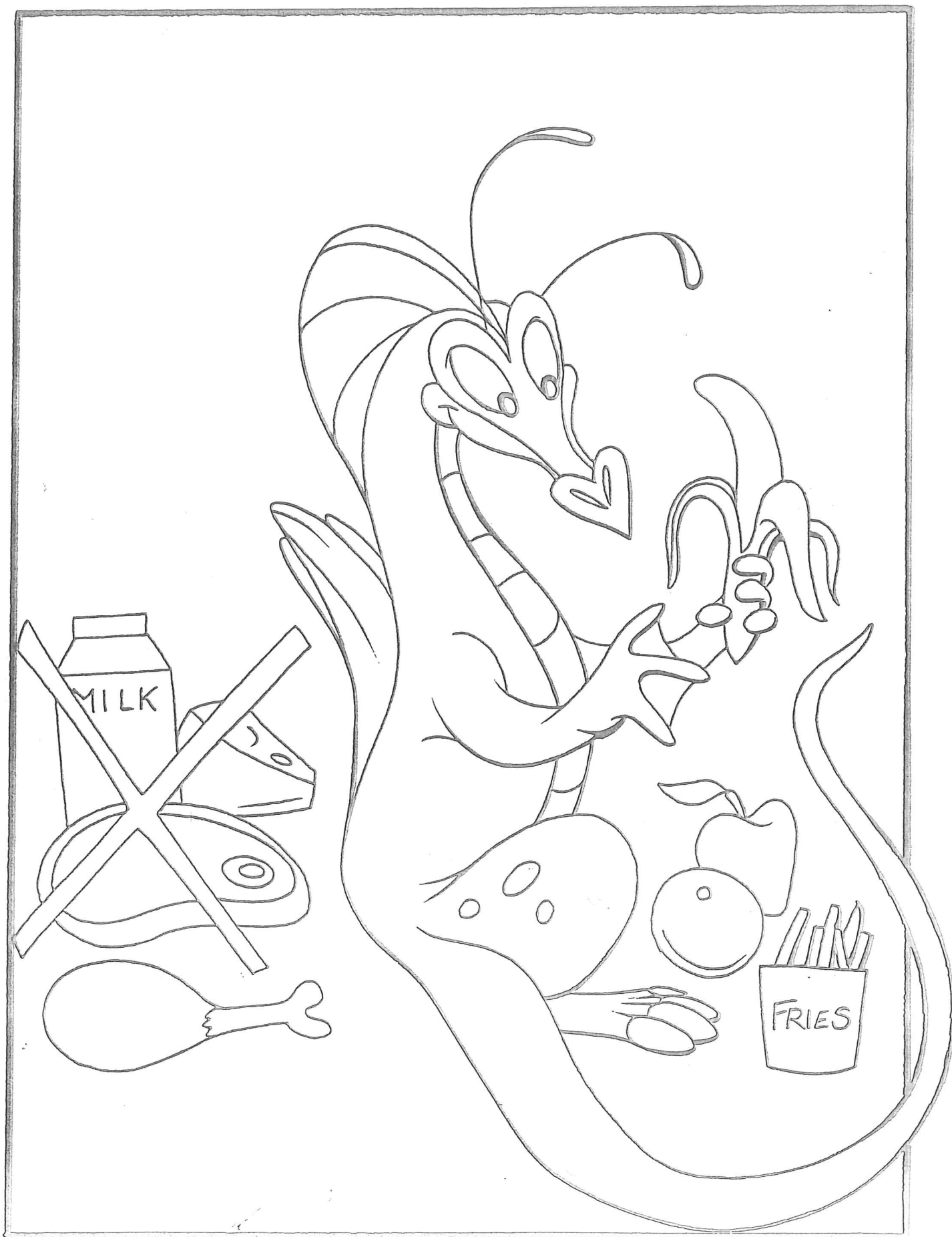
(it's serious!)

My brain wouldn't grow.

My fire wouldn't glow.



Anyway, I eat foods that have
little or no PROTEIN
and little or no PHE
in them...
veggies, fruits....



...and popsicles!!!

the greatest food for us dragons to

TRY to eat....

Why, my breath practically

melts them

BEFORE they get in my mouth!!!



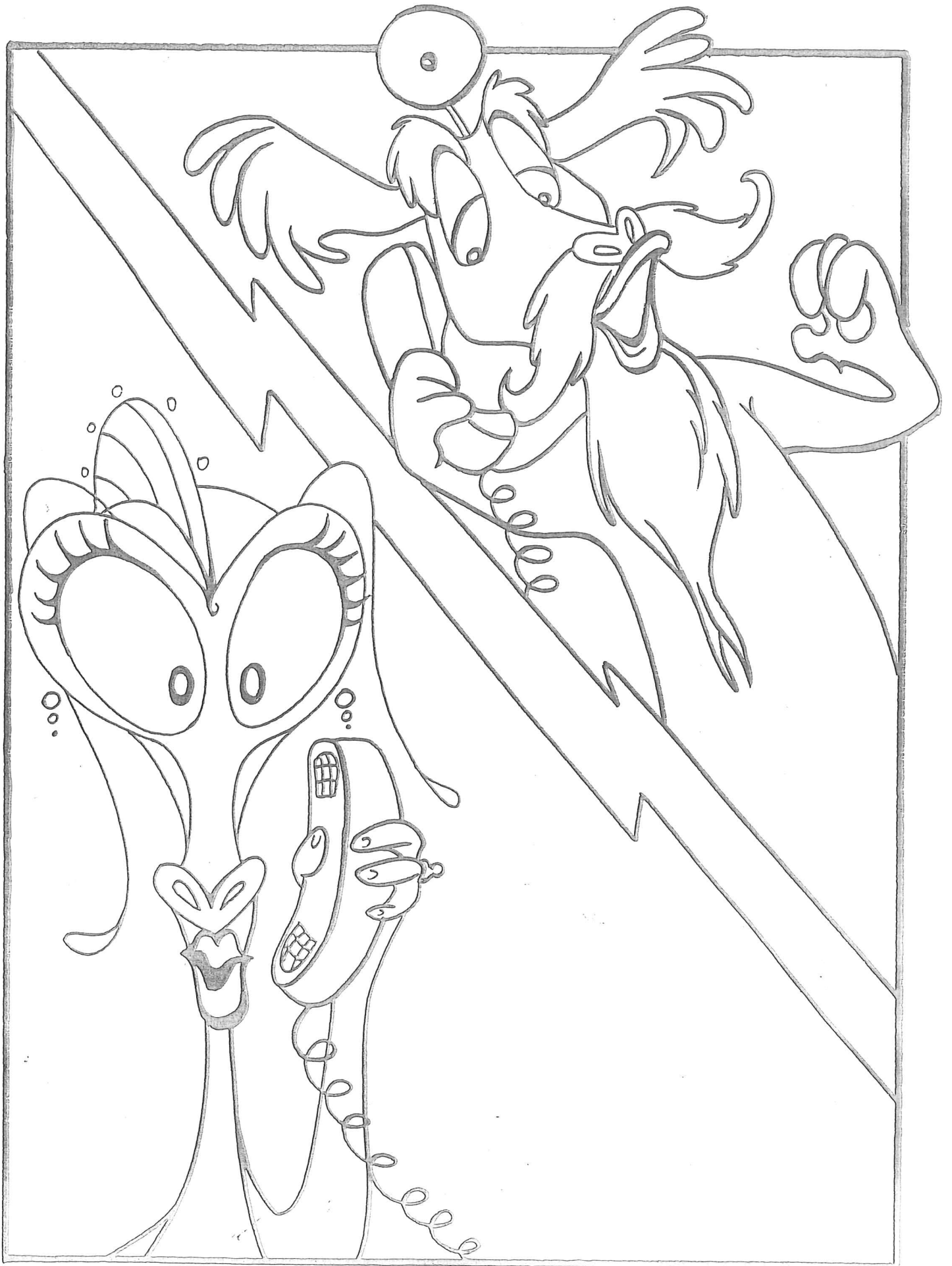
Sometimes, when I'm blowing



instead of



my Mom takes me to Dr. Dragon.



The nurse pricks my **BIG**

PURPLE TOE

to check the level of PHE

in my blood!



OUCH!!!

It hurts a *little*,
but I always get a *real cool*

bandaid!!!



Lo-protein foods, my **Super**

formula,

my family's support,

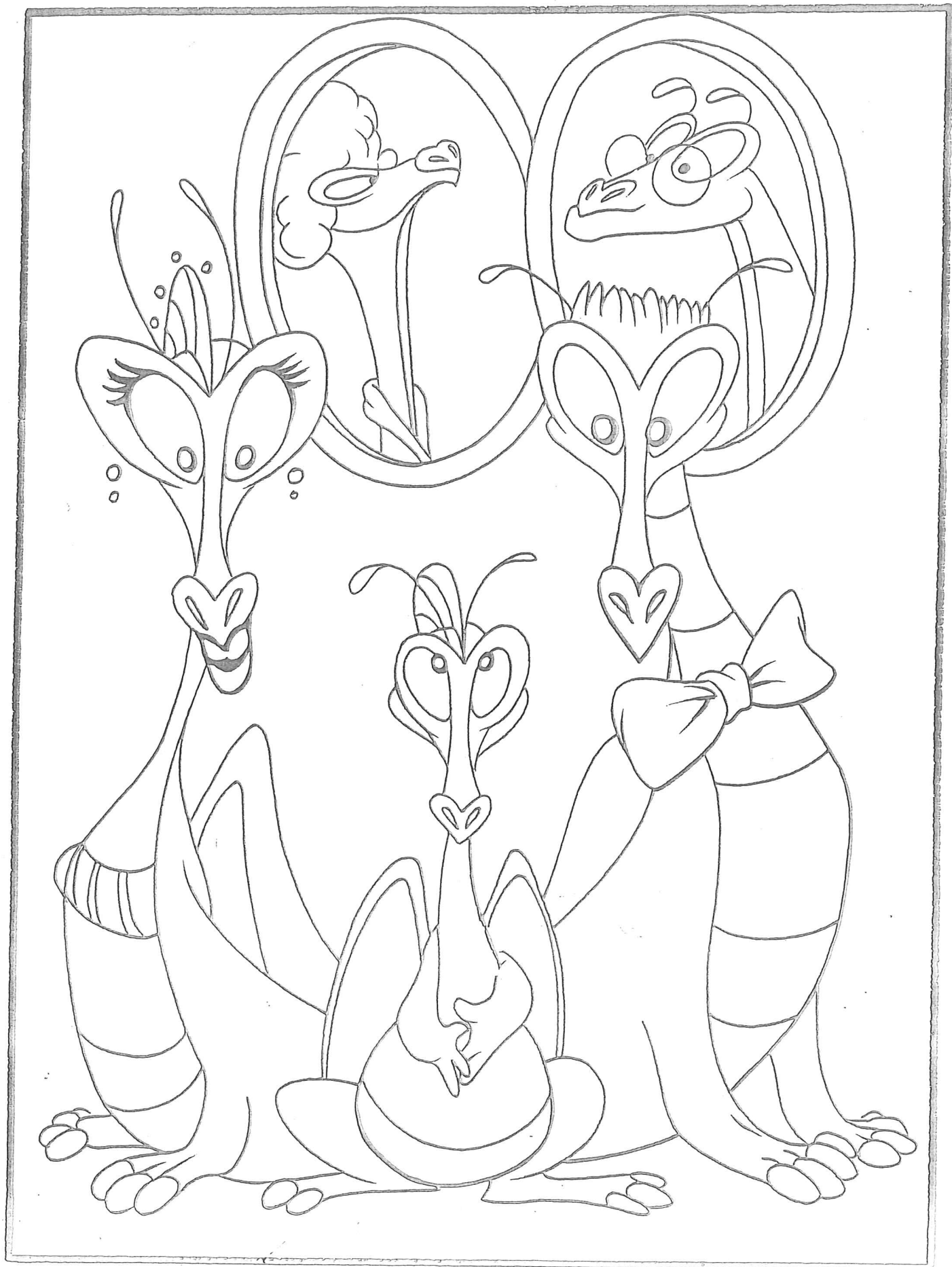
and trips to the doctor and

nutritionist

keep me

Fit and Ferocious

..as any dragon should be!



*....and though sometimes it's
tough being different...*



....I realize, "Hey!"

We're ALL different!!!

And not just Magicland--

out there, too!!

That's the magic

of life!

