



# PKU Periflex® Junior Plus



Enhanced nutrient profile  
With added DHA and Multi-Fiber blend

## Parent's Guide to Transitioning from Periflex® Junior to Improved PKU Periflex® Junior Plus

The improved PKU Periflex Junior Plus is nutritionally complete\* with added benefits for your child.

### These benefits include:

- The addition of a multi-fiber blend (to promote digestive health)
- Added DHA (a nutrient widely recognized as important for brain and eye development in children up to two years of age<sup>1</sup>)
- Increased levels of Calcium and Vitamin D (important nutrients for bone and dental health). In fact, it's entire micronutrient profile has been updated to meet the most current dietary recommendations.

For most children, changing from one formula to a nutritionally improved version of the same formula is simple and doesn't require a "transition period." However, some parents and clinicians may prefer to transition over the course of a few days.

To transition a child to the improved PKU Periflex Junior Plus, we have provided a helpful protocol. PKU Periflex Junior Plus must be used under medical supervision. Be sure to talk directly with your metabolic dietitian or healthcare provider to discuss this transition.

You may call **1-800-365-7354**, Monday - Friday, 8:30 am - 5:00 pm, EST to speak with a Nutrition Specialist. When you transition, we recommend that you prepare each formula separately and then combine the prepared formula in a clean cup or bottle as shown below. Each child may have his or her own pace for transition.

\*Phenylalanine must be added in prescribed amounts.

### Use the table below as a 4 day guide

Day	Proportion of intake from Periflex Junior	Proportion of intake from PKU Periflex Junior Plus (Improved)
	For example: If 8 fluid ounces of formula is required; add (75%) 6 fl oz (180mL) of Periflex Junior and (25%) 2 fl oz (60mL) of improved PKU Periflex Junior Plus.	For example: If 8 fluid ounces of formula is required; add (75%) 6 fl oz (180mL) of Periflex Junior and (25%) 2 fl oz (60mL) of improved PKU Periflex Junior Plus.
1	<b>75%</b> _____ g powder Child should take _____ fl oz/mL	<b>25%</b> _____ g powder Child should take _____ fl oz/mL
2	<b>50%</b> _____ g powder Child should take _____ fl oz/mL	<b>50%</b> _____ g powder Child should take _____ fl oz/mL
3	<b>25%</b> _____ g powder Child should take _____ fl oz/mL	<b>75%</b> _____ g powder Child should take _____ fl oz/mL
4		<b>100%</b> _____ g powder Child should take _____ fl oz/mL

**Reference:** 1. Koletzko B, Lien E, Agostoni C, et al. The roles of long-chain polyunsaturated fatty acids in pregnancy, lactation and infancy: review of current knowledge and consensus recommendations. J Perinat Med. 2008;36(1):5-14.

\*Phenylalanine must be added in prescribed amounts by a metabolic healthcare professional.

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# PKU Periflex® Junior Plus

## Parent's Guide to Transitioning from Periflex® Junior to Improved PKU Periflex® Junior Plus



Enhanced nutrient profile  
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Use the table below as a 10 day guide

Day	Proportion of intake from Periflex Junior	Proportion of intake from PKU Periflex Junior Plus (Improved)
	For example: If 8 fluid ounces of formula is required; add (90%) 7.2 fl oz (216 mL) of Periflex Junior and (10%) 0.8 fl oz (24 mL) of improved PKU Periflex Junior Plus.	For example: If 8 fluid ounces of formula is required; add (90%) 7.2 fl oz (216 mL) of Periflex Junior and (10%) 0.8 fl oz (24 mL) of improved PKU Periflex Junior Plus.
1	90% _____ g powder Child should take _____ fl oz/mL	10% _____ g powder Child should take _____ fl oz/mL
2	80% _____ g powder Child should take _____ fl oz/mL	20% _____ g powder Child should take _____ fl oz/mL
3	70% _____ g powder Child should take _____ fl oz/mL	30% _____ g powder Child should take _____ fl oz/mL
4	60% _____ g powder Child should take _____ fl oz/mL	40% _____ g powder Child should take _____ fl oz/mL
5	50% _____ g powder Child should take _____ fl oz/mL	50% _____ g powder Child should take _____ fl oz/mL
6	40% _____ g powder Child should take _____ fl oz/mL	60% _____ g powder Child should take _____ fl oz/mL
7	30% _____ g powder Child should take _____ fl oz/mL	70% _____ g powder Child should take _____ fl oz/mL
8	20% _____ g powder Child should take _____ fl oz/mL	80% _____ g powder Child should take _____ fl oz/mL
9	10% _____ g powder Child should take _____ fl oz/mL	90% _____ g powder Child should take _____ fl oz/mL
10	None	100% _____ g powder Child should take _____ fl oz/mL



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