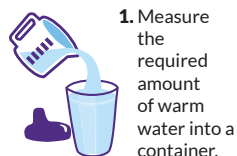




Monogen® Dilution Chart – For Healthcare Professionals[§]

Refer to can label for full preparation instructions



1. Measure the required amount of warm water into a container.



2. Add the prescribed amount of Monogen to the water.



3. Cover and shake until the powder has dissolved.

Approximate Household Measures*

Leveled and Unpacked

1 scoop	5.6 g
1 tsp (5 mL)	2.5 g
1 Tbsp (15 mL)	7.6 g
¼ cup (60 mL)	30.3 g
½ cup (120 mL)	60.5 g
1 cup (240 mL)	121 g

Concentration

20 kcal/fl oz
0.67 kcal/mL

Amount of Monogen Powder		Volume of Water		Final Volume	
grams	scoops**	mL	fl oz [†]	mL	fl oz
31	5.5	180	6	206	6.9
37	6.5	210	7	241	8
52	9.5	300	10	343	11.4
58	10.5	330	11	381	12.6

22 kcal/fl oz
0.73 kcal/mL

grams	scoops**	mL	fl oz [†]	mL	fl oz
72	13	375	12.5	435	14.5
78	14	405	13.5	470	15.7
84	15	435	14.5	505	16.8
89	16	465	15.5	539	18

24 kcal/fl oz
0.80 kcal/mL

grams	scoops**	mL	fl oz [†]	mL	fl oz
44	8	210	7	247	8.2
51	9	240	8	282	9.4
67	12	315	10.5	371	12.4
73	13	345	11.5	406	13.5

26 kcal/fl oz
0.87 kcal/mL

grams	scoops**	mL	fl oz [†]	mL	fl oz
57	10	240	8	287	9.6
67	12	285	9.5	341	11.4
85	15	360	12	431	14.4
96	17	405	13.5	485	16.2

27 kcal/fl oz
0.90 kcal/mL

grams	scoops**	mL	fl oz [†]	mL	fl oz
73	13	300	10	361	12
84	15	345	11.5	415	13.8
95	17	390	13	469	15.6
106	19	435	14.5	523	17.4

28 kcal/fl oz
0.93 kcal/mL

grams	scoops**	mL	fl oz [†]	mL	fl oz
73	13	285	9.5	346	11.5
85	15	330	11	401	13.4
96	17	375	12.5	455	15.2
107	19	420	14	509	17

30 kcal/fl oz
1.00 kcal/mL

grams	scoops**	mL	fl oz [†]	mL	fl oz
50	9	180	6	222	7.4
97	17.5	345	11.5	426	14.2
114	20.5	405	13.5	500	16.7
131	23.5	465	15.5	574	19.1

*Household measures are based on standard US, dry household measures. All measures are level and unpacked. These values are approximations only and have been provided for convenience; results can vary significantly based on the individual, device, and method. Nutricia North America recommends using a gram scale for greatest accuracy. The scoops Nutricia provides are validated for use with Nutricia formulas, so are preferable to household measures.

**Dilutions are most accurate using weighed powder vs scoops. Scoops should be level and unpacked. Whole scoop numbers are provided where possible for accurate dilutions.

†Values for water to add are rounded to the closest 0.5 fluid ounce. Milliliter volumes are more accurate.

Calculations are based on 4.4 kcal/g, 24.9 kcal/scoop, and an approximate displacement of 0.83 mL/g.

Please contact our Nutrition Specialists with questions - 800.365.7354

§For patient safety, Nutricia directs caregivers who request mixing instructions at non-standard dilutions to their healthcare team for guidance.

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Contact our Nutrition Services team with questions:
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