

Patient Transitioning Guide

We understand changing your current formula to a new one may be a bit of a challenge for some. To help you with this change, we have listed some helpful transition tips as well as a transition worksheet below.

When transitioning, we recommend preparing each formula separately and then combining the two formulas in a clean cup or shaker in the increments indicated on the transition worksheet. Everyone will have their own pace, so move through each of the steps at a speed which is comfortable to you.

Please be sure to talk directly with your metabolic dietitian or healthcare provider about this transition.

Do not hesitate to reach out to our Nutrition Specialists team if you have any questions:
1-800-365-7354, Monday - Friday, 8:30 am - 5:00 pm EST or by email at NutritionServices@Nutricia.com.

5 TIPS TO KICK-OFF TRANSITION

- 1) Open can and smell formula.
- 2) Dip a spoon and take a little taste.
- 3) Mix a small serving of formula. Be sure to use the amount of powder and water as directed by your dietitian, metabolic clinic, or as directed on the can.
- 4) Take a small sip with a straw.
- 5) Hold in your mouth, swallow or spit out (the first time only). Drink a little more each time you try it.

4-STEP TRANSITION GUIDE

Day	Proportion of intake from current formula	Proportion of intake from new formula
1	For example: If 8 fluid ounces of formula is required; add (75%) 6 fl oz (180 mL) of current formula and (25%) 2 fl oz (60 mL) of new formula	
	75% _____ g powder Take _____ fl oz/mL	25% _____ g powder Take _____ fl oz/mL
2	50% _____ g powder Take _____ fl oz/mL	50% _____ g powder Take _____ fl oz/mL
3	25% _____ g powder Take _____ fl oz/mL	75% _____ g powder Take _____ fl oz/mL
4		100% _____ g powder Take _____ fl oz/mL



Visit us online at MedicalFood.com

1-800-605-0410

Monday-Friday 8:30 AM - 5 PM EST

NUTRICIA
Metabolics
 Inspiring Futures

10-STEP TRANSITION GUIDE

Day	Proportion of intake from current formula	Proportion of intake from new formula
1	For example: If 8 fluid ounces of formula is required; add (90%) 7.2 fl oz (216 mL) of current formula and (10%) 0.8 fl oz (24 mL) of new formula	
	90% _____ g powder Take _____ fl oz/mL	10% _____ g powder Take _____ fl oz/mL
2	80% _____ g powder Take _____ fl oz/mL	20% _____ g powder Take _____ fl oz/mL
3	70% _____ g powder Take _____ fl oz/mL	30% _____ g powder Take _____ fl oz/mL
4	60% _____ g powder Take _____ fl oz/mL	40% _____ g powder Take _____ fl oz/mL
5	50% _____ g powder Take _____ fl oz/mL	50% _____ g powder Take _____ fl oz/mL
6	40% _____ g powder Take _____ fl oz/mL	60% _____ g powder Take _____ fl oz/mL
7	30% _____ g powder Take _____ fl oz/mL	70% _____ g powder Take _____ fl oz/mL
8	20% _____ g powder Take _____ fl oz/mL	80% _____ g powder Take _____ fl oz/mL
9	10% _____ g powder Take _____ fl oz/mL	90% _____ g powder Take _____ fl oz/mL
10		100% _____ g powder Take _____ fl oz/mL

