

Approximate US Household Measurements

PKU Periflex® Early Years & Anamix® Early Years products



PKU Periflex® Early Years

	1 scoop (from can)	1 tsp	1 Tbsp	¼ cup	⅓ cup	½ cup	1 cup
g, powder	5.0	3.0	9.0	36.0	48.0	72.0	144
g, PE	0.68	0.41	1.2	4.9	6.5	9.7	19.4

GA-1 Anamix® Early Years

	1 scoop (from can)	1 tsp	1 Tbsp	¼ cup	⅓ cup	½ cup	1 cup
g, powder	5.0	2.9	8.8	36.0	46.7	70.0	140
g, PE	0.68	0.39	1.2	4.7	6.3	9.5	18.9

MSUD Anamix® Early

	1 scoop (from can)	1 tsp	1 Tbsp	¼ cup	⅓ cup	½ cup	1 cup
g, powder	5.0	3.0	9.0	36.0	48.0	72.0	140
g, PE	0.68	0.41	1.2	4.9	6.5	9.7	19.4

TYR Anamix® Early Years

	1 scoop (from can)	1 tsp	1 Tbsp	¼ cup	⅓ cup	½ cup	1 cup
g, powder	5.0	2.9	8.8	35.0	46.7	70.0	140
g, PE	0.68	0.39	1.2	4.7	6.3	9.5	18.9

MMA/PA Anamix® Early Years

	1 scoop (from can)	1 tsp	1 Tbsp	¼ cup	⅓ cup	½ cup	1 cup
g, powder	5.0	2.9	8.8	35.0	46.7	70.0	140
g, PE	0.68	0.39	1.2	4.7	6.3	9.5	18.9

HCU Anamix® Early Years

	1 scoop (from can)	1 tsp	1 Tbsp	¼ cup	⅓ cup	½ cup	1 cup
g, powder	5.0	2.9	8.8	35.0	46.7	70.0	140
g, PE	0.68	0.39	1.2	4.7	6.3	9.5	18.9

IVA Anamix® Early Years

	1 scoop (from can)	1 tsp	1 Tbsp	¼ cup	⅓ cup	½ cup	1 cup
g, powder	5.0	2.9	8.8	35.0	46.7	70.0	140
g, PE	0.68	0.39	1.2	4.7	6.3	9.5	18.9

Household measurements are based on standard US, dry household measures. All measures are level and unpacked. These values are approximations only and have been provided for convenience: results can vary significantly based on the individual, device, and method. **Nutricia North America recommends using a gram scale** for greatest accuracy. The scoops Nutricia provides are validated for use with Nutricia formulas, so are preferable to household measures.