

# Approximate US Household Measurements

## PKU Periflex® Junior Plus, Plain, Berry, Vanilla and Orange



### PKU Periflex Junior Plus, Plain

1 cup	½ cup	1/3 cup	¼ cup	1 scoop comes in can	1 Tbsp	½ Tbsp	1 tsp	½ tsp
139 g	69.5 g	46.3 g	34.8 g	9 g	8.7 g	4.3 g	2.9 g	1.4 g

### PKU Periflex Junior Plus, Berry

1 cup	½ cup	¼ cup	1 scoop comes in can	1 Tbsp	½ Tbsp	1 tsp	½ tsp
132 g	66 g	33 g	9 g	8.3 g	4.1 g	2.8 g	1.4 g

### PKU Periflex Junior Plus, Vanilla

1 cup	½ cup	¼ cup	1 scoop comes in can	1 Tbsp	½ Tbsp	1 tsp	½ tsp
132 g	66 g	33 g	9 g	8.3 g	4.1 g	2.8 g	1.4 g

### PKU Periflex Junior Plus, Orange

1 cup	½ cup	¼ cup	1 scoop comes in can	1 Tbsp	½ Tbsp	1 tsp	½ tsp
132 g	66 g	33 g	9 g	8.3 g	4.1 g	2.8 g	1.4 g

Household measurements are based on standard US, dry household measures. All measures are level and unpacked. These values are approximations only and have been provided for convenience: results can vary significantly based on the individual, device, and method. **Nutricia North America recommends using a gram scale** for greatest accuracy. The scoops Nutricia provides are validated for use with Nutricia formulas, so are preferable to household measures.

