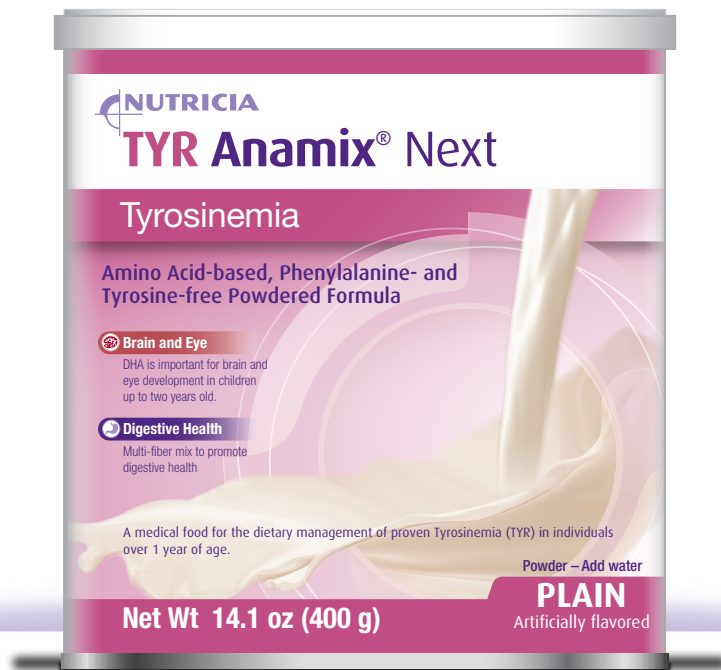


# Approximate US Household Measurements

## TYR Anamix® Next, Plain



1 cup	½ cup	1/3 cup	¼ cup	1 scoop comes in can	1 Tbsp	½ Tbsp	1 tsp	½ tsp
137 g	68.5 g	45.7 g	34.3 g	9 g	8.6 g	4.3 g	2.9 g	1.4 g

Household measurements are based on standard US, dry household measures. All measures are level and unpacked. These values are approximations only and have been provided for convenience: results can vary significantly based on the individual, device, and method. **Nutricia North America recommends using a gram scale for greatest accuracy.** The scoops Nutricia provides are validated for use with Nutricia formulas, so are preferable to household measures.

