HELPING PATIENTS SUCCEED ON THE KETOGENIC DIET
DO YOUR PATIENTS AND THEIR FAMILIES STRUGGLE TO FOLLOW THE KETOGENIC DIET?

Managing a ketogenic diet can be challenging. Some challenges include:

- Nutritional gaps due to a restrictive diet
- Busy, on-the-go families
- Insufficient fat intake on the Modified Atkins Diet (MAD)
Nutritional reassurance

- One daily serving of KetoCal® 4:1 can help fill the nutrient gaps known to exist with the ketogenic diet\(^1\)
- Nutritionally complete and provides an excellent source of Calcium and Vitamin D

Compared to heavy cream\(^2\), one daily serving of KetoCal provides:

- Fiber needed to help promote gut health\(^3\)
- DHA, which plays a role in brain and eye health\(^4-6\)
- More than 4 times less saturated fat

“In going through this journey with her, I’ve learned how important sound nutrition is. You just don’t have to worry about it with KetoCal because it’s all there.”

– A Keto mom

HELP THEM TO BE THEIR BEST USING KETO CAL ONCE PER DAY

Everyday convenience

- Save caregivers time with meal preparation
- A simple solution for meals or snacks away from home
- Drink KetoCal alone or create delicious recipes

“Adding KetoCal to Nathan’s diet has been wonderful just because he loves the taste. The first time I made him the pancakes, the house smelled amazing and he loved it.”

– Nathan’s mom

Nathan, KetoCal user

Did you know?...

KetoCal may be covered by the National School Lunch Program

Ask your Nutricia Sales Representative for more information.
BOOST THE MODIFIED ATKINS DIET BY USING KETOOCAL® ONCE PER DAY

Increase daily fat intake

A clinical study* showed:

• Supplementing the Modified Atkins Diet (MAD) with one daily serving (400 kcal) of KetoCal 4:1 increases both fat intake and the ketogenic ratio (1.8:1) in comparison to MAD alone.¹-⁵

• A statistically significant difference was seen in the number of children with >50% seizure reduction (80% vs. 58%) in comparison to the MAD alone.¹-⁵

• Nearly half of patients (14/30) chose to continue KetoCal at study conclusion, either due to perceived seizure worsening or improved convenience and taste.¹

* Although more research is needed to draw conclusions, a clinical study showed a significant reduction in the number of seizures when MAD was supplemented with 400 kcal of KetoCal in the first month compared to previously published reports of MAD alone.

Addendum to Modified Atkins Diet Protocol:**

• Daily supplementation with 60 g (2/3 cup) of KetoCal 4:1 powder or 8 fl oz (one drink box) KetoCal 4:1 Liquid for the first month. KetoCal can be continued afterwards if desired by family.

** Protocol used in the reference study.
Before starting a patient on any diet, refer to your neurology healthcare professional.

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<td>Connect with highly experienced ketogenic dietitians from some of the nation’s largest, thriving keto centers for support and best practice sharing.</td>
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<td>Talk to your Nutricia Sales Representative or email <a href="mailto:KetoAmbassadors@Nutricia.com">KetoAmbassadors@Nutricia.com</a>.</td>
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<td><strong>MY KETOPLANNER</strong></td>
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<td>A revolutionary diet management tool, recipe sharing database and social network specifically designed for the ketogenic diet community! Manage the ketogenic diet on-the-go using the mobile application.</td>
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<td>Register at MyKetoPlanner.com.</td>
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<td><strong>KETO UNIVERSITY</strong></td>
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<td>An annual CEU-accredited workshop for ketogenic dietitians.</td>
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<td>Talk to your Nutricia Sales Representative for more information.</td>
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<td><strong>NUTRICIA LEARNING CENTER</strong></td>
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<td>Nutricia’s website for healthcare professionals offers resources such as educational webinars (CEU-eligible), KetoCal DRI nutrition calculator, caregiver education materials, and more!</td>
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<td><strong>NUTRICIA PRODUCT COVERAGE NAVIGATOR</strong></td>
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<td>Our dedicated specialists offer free assistance in obtaining coverage for KetoCal, through private insurance, government funding, the National School Lunch Program or through the KetoCal Assistance Program for families experiencing financial hardship.</td>
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