

Prebiotic & Probiotic Dietary Supplement

# Diff-Stat<sup>®</sup>

Capsules & Powder Packs

**Two probiotics** and a **prebiotic** working together to help promote intestinal health<sup>† 1-4</sup>:

- FOS (Fructo-oligosaccharides)
- *Saccharomyces boulardii*
- *Bacillus coagulans*



<sup>†</sup>These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

1. McFarland LV. World J Gastroenterol. 2010;16:2202-22.
2. Losada MA, et al. Nutrition Research. 2002;22:71-84.
3. Gibson GR, et al. Gastroenterology. 1995;108:975-82.
4. Spielholz C. Health. 2011;3:110-5.

**NUTRICIA**  
Specialized Adult Nutrition

# Diff-Stat<sup>®</sup>

## Policy & Procedure

### Policy:

The policy of this facility is to assure optimal health and nutrition for all residents/patients at all times and to help maintain intestinal health.

### Procedure:

Residents/patients should take the recommended dose as directed. Residents/patients who are at risk for poor intestinal health should take the recommended dose for at least 30 days.

### Suggested use:

Take two capsules or one powder pack once daily.

### Directions for oral consumption:

- Consume 2 capsules with fluid or break open capsule and consume\*
- Dissolve powder pack in 30 mL juice and consume within 30 minutes\*

### Directions for Diff-Stat through a feeding tube:\*\*

1. Flush the tube with 30-60 mL water.
2. Break open capsule or powder pack and mix with 30 mL water and administer immediately straight into the enteral tube.\*
3. Flush the tube with additional 30-60 mL water.

\*Diff-Stat is only viable for 30 minutes in solution.

\*\*For residents/patients with a CVC, open Diff-Stat powder pack or break open capsules in a separate room. Probiotics could be aerosolized or inadvertently introduced into a CVC line when the pack or capsule is opened, presenting a contamination risk.

### Precautions:

- Diff-Stat should be taken 1 hour before or 2 hours after antifungal medication.
- Do not use in case of yeast allergy.



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