## NUTRICIA UTI-Stať Urinary tract protection complex clinically shown to manage UTIs<sup>†1,2</sup>



### 5 Key Ingredients that are Much More than Cranberry

Indications:	30 mL UTI-Stat <sup>®</sup> Dose*
<ul> <li>Primary UTI</li> <li>Recurrent UTI</li> </ul>	Two times daily for four weeks, then up to two times daily to help manage recurrence.

UTI Management Once daily.

<sup>†</sup> Shown in two studies to manage urinary tract infections

1. Posthauer ME. The Director. 2008;16:13-6.

2. Efros M, et al. Urology. 2010;76:841-5. \* USE UNDER MEDICAL SUPERVISION: Intake to be determined by a healthcare professional.



# UTI-Stat<sup>®</sup> Policy & Procedure

#### **Policy:**

The policy of this facility is to assure optimal urinary tract health for all residents/ patients. Specifically, UTI-Stat<sup>®</sup> is a low volume, ready-to-drink medical food provided for the dietary management of UTIs and urinary tract health. The goal of this facility is to manage urinary tract infections and help support urinary tract health.

### **Procedure:**

- 1. Residents/patients are monitored per facility policy for urinary tract health.
- Urinary tract health management intervention will be implemented for residents/ patients as appropriate. (See dosage chart on reverse side).
- 3. The recommended intervention will be communicated as appropriate to the following:
  - a. Nursing Department
  - b. Food & Nutrition Services
  - c. Physician
  - d. Pharmacy
  - e. Resident/Patient, Family
- 4. Administer UTI-Stat® orally or through feeding tube.
- 5. Not to be used as a substitute for antibiotics.
- 6. Record resident/patient response to intervention.
- 7. Reassess and determine appropriate continued dosage.
- 8. Exclusion Criteria:
  - Active urinary stone disease
  - Known allergy to cranberry-containing products
- 9. Consult Health Care Professional:
  - Warfarin Therapy

**UTI-Stat**<sup>®</sup> is a concentrated low volume liquid medical food that is specially formulated for the management of urinary tract infections. UTI-Stat contains 5 key ingredients:

- Cranberry Concentrate & D-Mannose: Anti-adhesion of bacteria to urinary tract wall
- Vitamin C & FOS (fructo-oligosaccharide): Anti-proliferation of harmful bacteria
- Bromelain: Can help to manage the body's normal inflammatory response

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