Routine RN Assessment of Risk

RISK FACTORS HIGH? See appendix 1

EXISTING UTI?

NO

HIGH RISK FOR UTI 30 mL q.d. to b.i.d.

UTI 30 mL b.i.d. for 4 weeks, then q.d.-b.i.d. to help manage recurrence

* Use clinical judgment to determine actual dosage based on risk factors & current condition

CONSIDER UTI-STAT®

Indication Serving Size Suggested Dose*
High risk for UTI 30 mL q.d. to b.i.d.
UTI 30 mL b.i.d. for 4 weeks, then q.d.-b.i.d. to help manage recurrence

RN/RD
- Recommend physician order UTI-Stat®
- Provide UTI-Stat with medication pass
- Encourage fluid intake
- Document in Care Plan & medical record
  See appendix 2

Monitor acceptance of UTI-Stat & resolution of UTI in Medical Record

Re-Evaluate risk factors and adjust dosage as necessary
Urinary Tract Infections (UTI)

Appendix 1: Risk Factors
- Poor fluid intake less than 1000 mL/day
- Catheterization
- Two or more UTIs in the past 6 months
- Incontinence
- Urinary retention
- Immobility
- Orders for prophylactic antibiotics

Appendix 2: UTI-Stat® Administration
- Assess current fluid intake/type of liquids (thin or thickened)
- Assess allergy to cranberry products
- Recommend the physician hold or discontinue current orders for cranberry tablets, cranberry juice, cranberry containing supplements, D-mannose, or vitamin C if taking for UTI
- Recommend physician order UTI-Stat®
- Communicate administration as appropriate to: Nursing, Dietary, Physician, Resident, & Caregiver
- Administer UTI-Stat PO with med pass, pour amount ordered into med cup
- UTI-Stat can be consumed straight or mixed with any food or beverage
- If administered via tube-feeding: flush tube with 30 mL water, measure appropriate dosage, administer into enteral tube, flush tube with additional 30 mL
- UTI-Stat provides 70 calories & 1 g of sugar per 30 mL
- Document intervention in care plan
- Encourage increased consumption of fluids
- Continue facility policies for UTI management (hygiene e.g.) (RN)
- Monitor & document acceptance of UTI-Stat & response to the intervention in medical record (RN)

References:

UTI-Stat®, a proprietary protection complex that includes:
- Anti-adhesion of bacteria to urinary tract wall
- Cranberry Concentrate
- D-Mannose
- Vitamin C
- FOS
- Bromelain
- Anti-proliferation of harmful bacteria

UTI-Stat® is a urinary tract protection complex clinically shown to manage UTI.

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